

# Silver Pages



2025 Resource Directory  
for 'those of us 50+' by

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Best Of Times





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Senior Living | [oaksofla.com](https://oaksofla.com)

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Willis Knighton Pierremont  
Willis Knighton South  
Willis Knighton Bossier  
Willis Knighton Rehabilitation Institute

**WK**  
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Health

# Silver Pages



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Please support and thank the businesses and organizations that care enough to make this priceless resource directory possible. Their listings within are in **red bold face**.

## Aging Resources Agencies – Louisiana

**Governor's Office of Elderly Affairs**

225-342-7100

[www.goea.louisiana.gov](http://www.goea.louisiana.gov)

■ **ADRC and SenioRx Program** - assistance with prescription medication for seniors on limited income  
877-340-9100

■ **Elderly Protective Services** - claims of abuse or neglect of senior citizens.  
833-577-6532

■ **Long Term Care Ombudsman Program** - complaints of residents at long-term care facilities.  
866-632-0922

**Louisiana Dept. of Children and Family Services**

225-219-9415

800-256-4650

[www.dss.louisiana.gov](http://www.dss.louisiana.gov)

■ **Disability Determination Program** - to make eligibility determinations for Supplemental Security Income. 800-256-2266

■ **Food Stamp Program** - to receive food allowance to improve health and well being by raising levels of nutrition among low-income households. 318-676-7600

■ **Kinship Care Subsidy Program** - to provide assistance to non-parental custodians of children, including elderly caretakers. It also provides cash assistance for each eligible child who resides with a qualified relative other than a parent.  
888-524-3578

**Louisiana Department of Health**

**Office of Aging and Adult Services**

**Office of Louisiana Medicaid**

[www.ldh.la.gov](http://www.ldh.la.gov)

[www.ldh.la.gov/oaas](http://www.ldh.la.gov/oaas)

■ **Aging and Adult**

**Services General Info:**  
866-758-5035

■ **Case Management complaints:** 800-660-0488

■ **Medicaid Information Hotline:** 888-342-6207

■ **Medicaid Fraud & Abuse reporting:**  
800-488-2917

■ **Home Health Services complaints:** 800-327-3419

■ **Hospital complaints:**  
866-280-7737

■ **Nursing home complaints:** 888-810-1819

■ **OAAS Support Coordination complaints:**  
866-758-5035

■ **Service Provider complaints:** 800-660-0488

■ **Programs**

- **Adult Day Health Care Waiver Program** - a non-residential program that can be an alternative to nursing home care for people who do not need care 24 hours a day, 7 days a week. The program provides older adults, and adults with disabilities, an opportunity to receive medical, health and social services in a supportive structured environment. 877-456-1146

- **Community Choices Medicaid Waiver Program** - Home and community-based care to a limited number of elders, or adults with disabilities who are at risk for institutionalization and who meet financial and medical eligibility. Services include: Support Coordination, Transition Intensive Support Coordination, Personal Assis-





tance with ADLs and IADLs, Environmental Accessibility Adaptation, Transition Service, Personal Emergency Response System, and Home Delivered Meals. For information, call 877-456-1146

- Community Healthways – Links residents with a health worker who can provide help with secure housing, obtaining transportation, finding a job; paying for utilities; getting food; getting counseling services, furthering one's education, smoking cessation programs, substance abuse help; obtaining diapers for babies; and obtaining health education on illnesses. Call 318-747-7317 or 318-676-7684

- Healthy Louisiana – Health care delivery system for Louisiana Medicaid and LaChip recipients in either a “prepaid plan” or a “shared savings plan”. Call for information and eligibility 855-229-6848 or visit <https://www.myplan.healthy.la.gov> (Medicaid Information Hotline: 888-342-6207 and Service Provider Agencies complaints: 800-660-0488). Current Healthy Louisiana plans are:

- ♦ Aetna Better Health (855-242-0802) [aetnabetterhealth.com/louisiana](http://aetnabetterhealth.com/louisiana)
- ♦ AmeriHealth Caritas (888-756-0004) [amerihealthcaritasla.com](http://amerihealthcaritasla.com)
- ♦ Healthy Blue (844-521-6941) [myhealthybluelouisiana.com](http://myhealthybluelouisiana.com)
- ♦ Humana Healthy Horizons in Louisiana (800-448-3810) [www.humana.com/healthyloouisiana](http://www.humana.com/healthyloouisiana)

- ♦ Louisiana Health-care Connections (866-595-8133) [www.louisianahealthconnect.com](http://www.louisianahealthconnect.com)

- ♦ UnitedHealthcare (866-675-1607) [uhcommunityplan.com](http://uhcommunityplan.com)

- Home Health Services - Part-time or intermittent skilled nursing services, home health aide services, physical therapy and supplies appropriate for use in the home for a homebound person meeting home health criteria for Medicaid patients. 800-327-3419 (Home Health Services complaints: 800-327-3419)

- Hospice Services - Dually eligible Medicare and Medicaid residents of nursing facilities who are terminally ill are eligible for Medicaid payment of room and board when they elect the hospice option under Medicare. 800-327-3419

- Long Term-Personal Care Services (LT-PCS) - All Medicaid recipients age 65 or older, or age 21 with disabilities (meeting SSA disability criteria), meet medical standards for admission to nursing facility, and be able to participate in care and direct services provided. Covered services include basic personal care, assistance with ADLs, and other services limited to 32 hours a week. Applicant must require at least limited assistance with at least one ADL. 877-456-1146.

- Long Term Residential Care – When a person is in a nursing facility, it may be covered by Medicaid. For information, 877-456-1146 (Nursing home complaints: 888-810-1819)

- Medicaid - Public

insurance program that reimburses health care services provided to lower income elderly, disabled and children. CommunityCARE - a comprehensive health care delivery system that links Medicaid recipients to a primary care provider. 888-342-6207

- Medical Transportation for Medicaid recipients – Persons who are covered under a Medicaid managed care plan should contact their call centers as follows in order to arrange for needed medical transportation: (Service Provider Agencies complaints: 800-660-0488)

- ♦ Aetna Better Health (877-917-4150)

- ♦ AmeriHealth Caritas (888-913-0364)

- ♦ Healthy Blue (866-430-1101)

- ♦ Humana Healthy Horizons in Louisiana (844-613-1638)

- ♦ Louisiana Health-care Connections (855-369-3723)

- ♦ United Healthcare Community Plan (866-726-1472)

- Medicare Savings Program – Louisiana Medicaid may help pay part of medical costs including Medicare premiums and other out-of-pocket expenses, 888-544-7996

- Non-Emergency Transportation - For any Medicaid recipient that lacks transportation to access non-emergency medical care, please call 855-325-7626.

- PACE (Program for All-Inclusive Care for the Elderly - This program coordinates and provides all needed preventive, primary, acute and long-term care

services so that older people can continue living in the community. The emphasis is on enabling senior citizens to remain in their communities while enhancing their quality of life. 877-456-1146

- Permanent Supportive Housing - helps people with the most severe and complex disabilities live successfully in the community by combining individualized community-based services with affordable rental housing. 844-698-9075

- State Personal Assistance Services Program - provides personal assistance services to people with significant disabilities to assist them with activities of daily living. 866-966-6260

- Traumatic Head and Spinal Cord Injury Trust Fund Program – provides services in a flexible, individualized manner to Louisiana citizens with traumatic head or spinal cord injuries. The program enables individuals to return to a reasonable level of functioning and independent living in their communities. 888-891-9441

### Louisiana Department of Health - Office of Behavioral Health

■ Acute Care Psychiatric Units - Psychiatric, psychosocial & medical services in compliance with all licensing & accreditation standards to meet needs of adults who need an inpatient setting. 866-310-7977

■ Addictive Disorder Services - Treatment for people suffering from addictions, as well as support for their families and friends.

■ **Compulsive Gambling**  
Hotline: 877-770-7867  
or Alcohol/Drug Hotline:  
877-664-2248.

■ **Community Mental Health Centers** - Outpatient mental health services provided through network of licensed community mental health centers and their satellite clinics. 866-310-7977

■ **Crisis Management Services** - Care services, telephone counseling, referrals, face-to-face screening and assessment, community housing for stabilization, crisis respite and access to inpatient care. 866-310-7977

■ **Specialized Inpatient Services** - State psychiatric hospitals which provide health evaluation, treatment, and rehab services to adults with severe and persistent mental disorders. 225-342-9500 or 225-342-2540.

**Louisiana Department of Insurance**  
1-800-259-5300, option 2  
[www.lds.la.gov](http://www.lds.la.gov)

■ **The Senior Health Insurance Information Program (SHIIP)** helps Medicare beneficiaries better understand their coverage options and benefits. SHIIP provides free unbiased guidance via telephone or in a face-to-face interactive setting. Senior health counselors provide a better understanding of the four parts of Medicare: Medicare A, B, C & D. This will also encompass your health insurance options, including Medicare Supplement (Medigap), prescription drug coverage and Medicare Advantage plans. SHIIP counselors are also trained to help you apply for

Medicare, understand claims and appeals, how to reduce cost through the Medicare Savings Program (MSP) and Low-Income Subsidy Assistance (LIS) programs. 800-259-5300

**Louisiana Department of Motor Vehicles**  
225-925-6146  
318-676-5858 (Shreveport)  
[www.dps.louisiana.gov](http://www.dps.louisiana.gov)

■ **Discounted Rates for Driver's License Renewal** - Ages 70 and above, there is no late fee for an expired license

■ **State ID Card** - For persons Ages 60 and older, there is no charge for this ID card, never expires and no charge for duplicates and replacements. Severely handicapped can renew Mobility Impaired placards by proxy.

**Louisiana Department of Revenue**  
225-219-0102  
[www.rev.louisiana.gov](http://www.rev.louisiana.gov)

■ **Ongoing Taxpayer Assistance Program** - Individual income tax provides that \$6000 of annual retirement income received by an individual 65+ shall be exempt from state income tax. Annual retirement income is defined as pension and annuity income, which is included in tax table income. Certain federal, state, and other retirement benefits may be excluded from Louisiana taxable income.

**Louisiana Department of Veteran Affairs**  
225-922-0500  
800-432-8982  
[www.vetaffairs.la.gov](http://www.vetaffairs.la.gov)

■ **LDVA** provides a variety

of services -- professional counseling services, nursing and domiciliary care, health care, education, disability benefits, long term care, and burial honors to all eligible veterans and their family members.

**Louisiana Department of Wildlife & Fisheries**  
225-765-2800  
800-256-2749  
[www.wlf.louisiana.gov](http://www.wlf.louisiana.gov)

■ **Fishing and Hunting Licenses** - Residents 60 years of age or older can obtain a fishing and hunting license for reduced fee. A federal stamp is needed to hunt ducks. Disabled veterans, national guard members, those with disabilities, or physically challenged persons, can obtain licenses at reduced fees.

**Louisiana Development Disabilities Council**  
225-342-6804  
800-450-8108  
[www.laddc.org](http://www.laddc.org)

■ **Advocacy for persons with developmental disabilities.** The Council's mission is to increase independence, self-determination, productivity, integration, and inclusion for Louisianans with developmental disabilities by engaging in advocacy, capacity building, and systems change.

**Louisiana Housing Finance Agency**  
225-763-8700  
888-454-2001  
[www.lhfa.louisiana.gov](http://www.lhfa.louisiana.gov)

■ **Low Income Assistance Program** - Lessens burden of heating and cooling expenses by making payments to

energy companies and provides housing assistance on behalf of eligible households. 318-698-3600 or 318-227-9655

■ **Weatherization Assistance Program** - Weatherizes homes to improve heating and cooling efficiency. Reduces energy costs and improves the household comfort level. 318-861-4808

**Louisiana Office of Attorney General**  
225-326-6079  
800-351-4889 (Consumer Protection Hotline)  
[www.ag.louisiana.gov](http://www.ag.louisiana.gov)

■ **Provides legal services to the state in the areas of consumer protection and environmental law, insurance receivership, and fair housing.**

**Louisiana Office of Financial Institutions (OFI); Securities Division - Investment Fraud**  
225-925-4512  
[www.ofi.la.gov/](http://www.ofi.la.gov/)  
[SecuritiesInvestorEd.htm](http://SecuritiesInvestorEd.htm)

■ **Investment Fraud Info** - Offers speakers for groups on investment fraud schemes and fraudulent sales practices used in securities fraud. Provides confidential background checks upon written request on investment professionals who are legally registered to sell securities in Louisiana, including out-of-state solicitors. Can verify a security to be purchased is legally registered to be sold in Louisiana or to verify that the security is legally exempt from being registered. An individual can also register a confidential complaint about securities fraud.



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- ✓ Personal Care
- ✓ Nutrition Management
- ✓ Companionship

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4700 Line Ave  
Suite 111  
Shreveport, LA 71106



318-424-5300



abcshreveport@abc-seniors.com



**ALWAYSBESTCARE.COM/SHREVEPORT**





## Louisiana Office of State Parks

225-342-8111  
888-677-1400

[www.lastateparks.com](http://www.lastateparks.com)

■ Golden Age Passport  
--provides a 50% discount on camping fees at Louisiana State Parks. Entrance fees to most Louisiana State Parks is FREE for persons 62+ and older and for disabled veterans with a state park permit. 888-677-1400

## Louisiana Rehabilitation Services

225-925-4131;  
800-737-2958

[www.dss.louisiana.gov](http://www.dss.louisiana.gov)

■ Newline and Information Service for the Blind  
-- provides access to national and local newspapers through the phone line, and operates Project COPE.

■ The Commission for the Deaf - ensures that LA's public and private services are accessible to deaf, deaf-blind, hard of hearing, and the speech impaired.

## Louisiana Workforce Commission

225-342-3111;  
866-783-5567  
[www.laworks.net](http://www.laworks.net)

■ Work programs  
- provides assistance regarding career solutions, licensing guidelines, workers' compensation, unemployment benefits, job training, job location, labor laws, and Veterans information.

## Volunteer Louisiana

225-342-2038  
[www.volunteerlouisiana.gov](http://www.volunteerlouisiana.gov)  
[www.seniorcorps.org](http://www.seniorcorps.org)

■ Helps communities find

volunteers over the age of 55 to be part of various programs throughout the state, including Foster Grandparent Program, Senior Companion Program, RSVP, and others.

## Agencies - National

### AARP

888-687-2277

[www.aarp.org](http://www.aarp.org)

A national non-profit organization that advocates for those age 50 and older, providing a range of benefits, services, and information.

### Administration on Aging

202-401-4634

[www.aoa.gov](http://www.aoa.gov)

Policy, development, planning, and delivery of supportive home and community-based services seniors and caregivers.

## American Association of Poison Control

800-222-1222

[www.aapcc.org/get-poison-help](http://www.aapcc.org/get-poison-help)

Available 24/7 to answer questions about poisons.

## American Bar Association Commission on Law & Aging

800-285-2221

[www.abanet.org/aging](http://www.abanet.org/aging)

Responds to law-related needs of older people. Makes referrals and maintains a listing of legal aid offices where older people can get free or low-cost legal assistance.

## American Seniors Association

800-951-0017

[www.americanseniors.org](http://www.americanseniors.org)

A national non-profit association for offering



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information and discounts for its senior members.

**Association of Mature American Citizens**  
888-262-2006  
[www.amac.us](http://www.amac.us)

A national non-profit association for seniors/boomers offering information and discounts for members.

**Centers for Medicare and Medicaid**  
877-262-2323

800-633-4227 (Medicare)  
[www.medicare.gov](http://www.medicare.gov)  
[www.healthcare.gov](http://www.healthcare.gov)

Agency within US Dept. of Health and Human Services responsible for Medicare, HIPAA, and CLIA in partnership with state governments to administer Medicaid.

**Eldercare Locator**  
800-677-1116

[www.eldercare.gov](http://www.eldercare.gov)  
Nationwide assistance helping elderly and caregivers locate resources.

**MEDLINE Plus**  
[www.medlineplus.gov](http://www.medlineplus.gov)

Up-to-date health care information from the National Library of Medicine.

**National Eating Disorders Association (NEDA)**  
800-931-2237  
[nationaleatingdisorders.org](http://nationaleatingdisorders.org)

**National Family Caregivers Association DBA Caregiver Action Network**  
202-454-3970

[www.caregiveraction.org](http://www.caregiveraction.org)  
Grass roots organization providing advocacy, support, and info for family who care for chronically ill, older, or disabled relatives.

**National Institute on Aging**  
800-222-2225  
[www.nia.nih.gov](http://www.nia.nih.gov)

Research on aging processes, disease and the special problems and needs of older people.

**National Suicide Prevention - Call 988**  
[www.988lifeline.org](http://www.988lifeline.org)

Provides 24/7 free and confidential support for people in distress to prevent suicide

**RAINN – National Sexual Assault Hotline**  
800-656-4673  
[www.rainn.org](http://www.rainn.org)

Addresses sexual violence and networks with other providers for individual assistance.

**RxAssist Program**  
[www.RxAssist.org](http://www.RxAssist.org)

National database to find free medications through drug companies' patient assistance programs.

**Social Security Administration**  
800-772-1213  
[www.ssa.gov](http://www.ssa.gov)

A social insurance program consisting of retirement benefits, survivors' benefits, disability insurance, & supplemental security income.

**The National Parks and Federal Recreational Lands**  
888-275-8747  
[www.usgs.gov](http://www.usgs.gov)

Senior Pass Program is available to US citizens who are 62 years of age or older and can be used at Federal recreation sites across the nation.

## Councils on Aging

**Caddo Council on Aging**  
1700 Buckner Street, Ste 151  
Shreveport, LA 71101  
318-676-7900 Ext 239  
[www.caddocoa.org](http://www.caddocoa.org)

■ Assistance and information – Call 318.676.7900 for info, services and resources. View resource directory at [caddocouncilonaging.org](http://caddocouncilonaging.org).

■ Aging & Disability Resource Center of Northwest LA - Serving seniors & disabled adults in Bienville, Bossier, Caddo, Claiborne, DeSoto, Red River, Natchitoches, Sabine, and Webster Parishes.

■ Assist with applications for programs to assist with Medicare costs, including Low Income Subsidy and Medicare Saving Programs and QMB Medicaid. 1.800.256.3003 or 318.676.7900

■ Caregiver Respite - Short-term temporary relief care is provided for caregivers so that they may have a break from senior care.

■ Congregate Meals - Activities and lunch

• A.B. Palmer Community Center, 547 E. 79th St., Shreveport. 673-5336. Monday - Friday 9 am - 1 pm. Lunch @ 11:00

• Airport Park Community Center, 6500 Kennedy Dr., Shreveport. 673-7803. Monday - Friday 9 am - 1 pm. Lunch @ 11 am.

• Bilberry Park Community Center, - 1902 Alabama Ave, Shreveport 673-5345. Monday – Friday 9am – 1 pm. Lunch @11 am

• Cockrell Community Center, 4109 Pines Road, Shreveport. 629-4185. Monday - Friday 10 am - 12

noon. Lunch @ 10:30 am.

• David Raines Community Center, 2920 Round Grove Lane, Shreveport. 673-5342. Monday – Friday 9 am - 1 pm. Lunch at 11:30 am. Transportation available on a limited basis.

• Hattie Perry Community Center, 4300 Ledbetter, Shreveport. 673-7810. Monday – Friday 9 am – 12 pm. Lunch @ 11:00 am.

• Mamie Hicks Community Center, 200 Mayfair Dr, Shreveport. 673-6416. Monday - Friday 10 – 12 pm. Lunch served @ 11 am

• Martin Luther King Community Center, 1341 Russell Road, Shreveport. 670-7671. Monday – Friday 9:30 am - 1:30 pm. Lunch @ 11:30 am. Transportation available on a limited basis.

• New Hill, 8725 Springridge Texas-Line Rd, Keithville. 925-0529. Thursday 9 am - 12 noon. Lunch @ 11:00 am.

• Oil City Community Center, 110 Furman St., Oil City. Monday & Friday - 9 am - 12:30 pm. Lunch @ noon

• Southern Hills Community Center/Senior Center, 1002 Bert Kouns Industrial Loop, Shreveport. 673-7818. Monday - Friday 10 am - 12:30 pm. Lunch @ 12:00 noon

■ Disease Prevention – Fall Prevention workshops in the spring and fall.

■ Homemaker -A trained worker will perform light household tasks for homebound seniors.

■ Legal Services – Provide referrals for individual counseling

■ Long Term Care Resources & Options - Help

navigate complex system of Long-Term Care

■ Medicare Counseling - Answer Medicare coverage questions & provide Medicare 101 presentations.

■ Medicare Part D Application - Assistance finding the best plan through medicare.gov

■ Medicine Assistance - Help seniors and disabled adults complete applications to drug companies free or discounted prescriptions.

■ Meals on Wheels - Deliver 5 meals weekly to homebound seniors unable to shop or cook for themselves. \$10 weekly donation suggested.

■ Medical Alert - Senior emergency response system provided by Acadian on Call for a monthly fee. System gives immediate access to medical care in case of accidents.

■ Nursing Home Ombudsman - Advocate, investigate and resolve senior's nursing home complaints. Serving Bienville, Bossier, Caddo, Claiborne, DeSoto, Red River, and Webster Parishes. Call 1.800.256.3003 or 318.676.7900.

■ Personal Care - A trained attendant will assist with bathing, showering, grooming, dressing, etc. for homebound seniors

■ Senior Related Presentations, Speakers, and Activities

■ Sheriff's Operation Safe-guard - Caddo Parish Sheriff's Office helps reunite persons

with Alzheimer's who have become lost. Participants are given a special ID bracelet containing info stored in the Sheriff's Office database. Call 318.681.0870 to register.

**Bossier Council on Aging**  
**706 Bearkat Drive**  
**Bossier City, LA 71111**  
**318-741-8302**

**[www.bossiercoa.org](http://www.bossiercoa.org)**

■ Caregiver - Support services are provided for family caregivers including in-home respite care(sitter) for the caregiver & material aid items. \$10/per visit suggested.

■ Home Delivered Meals - Provided for homebound seniors in Bossier parish. \$5/meal suggested.

■ Homemaker - light housekeeping for seniors having difficulty maintaining their homes. \$10/visit suggested.

■ Legal Services - Education on elder legal issues. Counseling for individuals with a local lawyer or by referrals.

■ Medicaid & Food Stamp Applications - Application center and assistance filling out the forms. By appointment only.

■ Medical Alert - Qualify for a discount with a referral from BCOA for a push button necklace or bracelet.

■ Outreach - Home visits are made to help identify seniors for services.

■ Senior Centers - throughout Bossier parish

• Bearkat Site (741-8302), 706 Bearkat Dr., Bossier City. Monday through Thursday 7:30 am - 4 pm; Friday 7:30 am - 2:30 pm.

• Benton Site (965-9981), 202 Sibley, Benton, 9AM-noon, Monday - Thursday.

• Haughton Site (470-3821), 201 S. Hazel, Haughton, 9 AM - noon, Monday - Thursday.

■ Transportation - Wheelchair accessible vans available to transport seniors to grocery shopping, senior centers & BX (with military ID). \$3 suggested contribution. Medical appointment transportation provided with a \$5 for each stop charge. Stops may include: bank, post office, pharmacy, social security office when added on to a medical appointment. Also contracts with Medicaid for referrals.

**Webster Council on Aging**  
**1482 Sheppard Street**  
**Minden, LA 71055**  
**318-371-3056**

■ Centers include:

• Cotton Valley Senior Center (832-4225), Railroad Ave., Cotton Valley; 8:30 am to 12:30 pm

• Minden Senior Center (371-3056 or 1-800-256-2853), 316 McIntyre St., Minden, LA; 8 am to 4 pm

• Springhill Senior Center (539-2510), 301 West Church St., Springhill; 8 am to 4 pm

■ Congregate Meals - nutritionally balanced meals for persons 60+ and spouses provided at senior centers, served 5 days a week.

■ Family Caregiver Support - support services that provide a temporary break in the tasks of care-giving.

For family caregivers who are providing care for an older individual who is determined to be functionally impaired because of inability to perform instrumental functions of daily living without substantial supervision and assistance. Provided to persons caring for a homebound relative 60+, for a relative 60+ caring for a homebound child or grandchild.

■ Home-Delivered Meals - Noon meal delivered to eligible home-bound elderly (illness, disability or while caring for spouse who is), 5 days a week.

■ Homemaker services - Provided to those meeting specific requirements.

■ Information and Assistance - Provides the individual with current information on opportunities and services within the community.

■ Legal Assistance - providing legal advice, counseling, and representation by an attorney. Lectures are scheduled on a quarterly basis.

■ Medicaid enrollment center - take initial Medicaid applications

■ Medical Alert - linking clients with in-home emergency response system.

■ Recreation - Art, crafts, hobbies, games, and trips.

■ Transportation - transporting older persons to and from community facilities and resources. Assisted transportation also provided and must be scheduled weekly in advance.

■ Wellness - designed to support/improve the senior's mental/physical well-being through exercise, physical fitness, and health screening.

Please support and thank the businesses and organizations that care enough about "those of us 50+" to make this priceless resource directory possible. Their listings within are in **red bold face**.



**Government Officials****Bossier City**

Mayor Thomas H. Chandler 318-741-8501

**Bossier City Council Office:** 318-741-8520

- At Large- David Montgomery 318-424-1414
- At Large – Chris Smith 318-918-8639
- District 1 – Brian Hammons 318-918-8653
- District 2 – Jeffery Darby 318-742-6908
- District 3 – Don Williams 318-747-5320
- District 4 – Jeff Free 318-918-8664
- District 5 – Vince Maggio 318-747-7604

**Shreveport**

Mayor Tom Arceneaux 318-673-5050

**Shreveport City Council Office:** 318-673-5262

- District A - Tabatha Taylor 318-517-4392
- District B – Gary Brooks 318-918-0898
- District C – Jim Taliaferro 318-455-0920
- District D – Grayson Boucher 318-673-5262
- District E – Dr. Alan D. Jackson, Jr. 318-510-4765
- District F – James Green 318-635-7118
- District G – Ursula Bowman 318-734-7568

**Bossier Parish**

Sheriff Julian C. Whittington 318-965-2203

**Bossier Parish Police Jury Office** 318-965-2329

- District 1 – Bob Brotherton 318-987-3337
- District 2 – Glenn Benton 318-949-0851
- District 3 – Philip Rodgers 318-990-2145
- District 4 – John Ed Jorden 318-326-5508
- District 5 – Julianna Parks 318-469-5807
- District 6 – Chris Marsiglia 318-469-2123
- District 7 – Jimmy Cochran 318-746-0174
- District 8 – Doug Rimmer 318-773-3359
- District 9 – Pam Glorioso 318-465-5833
- District 10 – Julian Darby 318-742-6910
- District 11 – Tom Salzer 318-658-9080
- District 12 – Keith Sutton 318-759-0004

**Caddo Parish**

Sheriff Henry Whitehorn, Sr. 318-675-2170

**Caddo Parish Commission Office:** 318-226-6596

- District 1 – Chris Kracman 318-226-6596
- District 2 – Gregory Young 318-226-6596
- District 3 – Victor L. Thomas 318-226-6596
- District 4 – John-Paul Young 318-226-6596
- District 5 – Roy Burrell 318-226-6596
- District 6 – Steffon Jones 318-226-6596
- District 7 – Stormy Gage Watts 318-364-0334
- District 8 – Grace Anne Blake 318-226-6596
- District 9 – John Atkins 318-226-6596
- District 10 – Ron Cothran 318-226-6596
- District 11 – Ed Lazarus 318-426-7554
- District 12 – Kenneth Epperson, Sr 318-773-2654

**State of Louisiana**

Governor of Louisiana Jeff Landry 225-342-7015

**Louisiana State House of Representatives:**

- District 1 - Danny McCormick 318-995-8040
- District 2 - Steven Jackson 225-342-6945
- District 3 - Tammy Phelps 318-632-5887
- District 4 - Joy Walters 318-560-4059
- District 5 - Dennis Bamburg 318-588-2014
- District 6 - Michael Melerine 318-553-2259
- District 7 - Lawrence Bagley 318-925-9588
- District 8 - Raymond J. Crews 318-716-7532
- District 9 - Dodie Horton 318-949-2463
- District 10 - Wayne McMahan 318-371-3092

**Louisiana State Senators:**

- District 36 - J. Adam Bass 318-741-2812
- District 38 - Thomas A. Pressly 318-862-9920
- District 39 - Sam L. Jenkins 318-632-5970

**U. S. Government**

- U.S. President Donald John Trump 202-456-1111
- U.S. Congressman Mike Johnson 202-225-2777
- U.S. Congressman Cleo Fields 202-225-3901
- U.S. Senator John N. Kennedy 202-224-4623
- U.S. Senator Bill Cassidy 202-224-5824



As you use this directory and find changes in listings, useful resources we may not have included, or have ideas for improvements, we would appreciate hearing from you for future editions. Email Gary at [gary.calligas@gmail.com](mailto:gary.calligas@gmail.com) or call 318-636-5510

## Help Lines

BC = Bossier City; S = Shreveport  
BP = Bossier Parish; CP = Caddo Parish

### HOTLINES

Alcohol/Drug abuse hotline	877-664-2248
Alcoholics Anonymous	318-865-2171
Bureau of Alcohol, Tobacco & Firearms	800-800-3855
Cancer National Institute information	800-422-6237
Child Abuse Hotline	855-452-5437
Child (Lost) Locator hotline	800-426-5678
Compulsive Gambling Hotline	877-770-7867
Consumer Product safety complaints	800-638-2772
Consumer Credit complaints	888-525-9414
Crime Stoppers information	318-673-6633 S 318-424-4100 BC
Death investigation	318-226-6881 CP 318-742-0579 BP
Digging on property (unauthorized)	811 800-272-3020
Disease Control and Prevention	404-639-3311
Domestic Violence Hotline	800-799-7233
Do Not Call Program	800-256-2397
Drug Helpline	800-662-4357
Elderly abuse or neglect (NWLA)	318-676-5200
Elderly abuse or neglect (LA)	833-577-6532
Elderly crime victim	318-681-0871 CP 318-965-2203 BP

### Emergency Services

Environmental Quality problem	888-763-5424
Equal Employment Opportunity(EEO)	800-669-4000
Federal Bureau of Investigation(FBI)	318-861-1890
Federal Information Hotline	800-333-4636
Fire (non-emergency)	318-673-6650 S 318-741-8708 BC

Forest fires 800-242-3473  
855-452-5323

Fraud Hotline	800-477-8477
Gambling Addiction Problems	877-770-7867
Homeland Security Concerns	318-635-7873
Louisiana State Police	318-747-7411
Louisiana Highway Safety Hotline	800-259-4929
Medicare quality of care problems	855-315-0636
Medicare Information Hotline	800-633-4427

### Medical transportation (emergency)

Missing person	911 318-673-7300 S 318-741-8611 BC
National Weather Service	318-631-3669
Natural Gas emergencies	800-992-7552
Obscene or harassing phone calls	318-557-6222
Police Investigations	318-673-7210 S 318-741-8641 BC
Police (non-emergency)	318-673-7300 S 318-741-8611 BC

Poison Control Center Hotline	800-222-1222
Postal Service Hotline	800-275-8777
Public Utility Company Problems	318-676-7464 800-256-2412
Railroad emergencies	800-232-0144
Social Security Administration	800-772-1213
Stolen automobile, boat, or other	318-673-7300 S 318-741-8641 BC

### Suicide and Crisis Lifeline

SWEPCO electricity problems	988 888-216-3523
Terrorist activities	318-221-8439 504-816-3000
Toxic chemical and oil Spills	800-424-8802
Toxic or oil spills on roads or property	800-424-8802
US Customs and Border Protection	504-670-2404
US Secret Service	318-676-3500
Water and Sewage emergency	318-673-6200 S 318-741-8466 BC
Workforce Commission	866-783-5567

### REPORTING PROBLEMS OR COMPLAINTS

Animals or rats on property	318-226-6624 CP 318-741-8499 BP
Bossier Press Tribune delivery problems	318-747-7900
Case management services complaints	800-660-0488
Cellphone service and problems	611
CENTERPOINT natural gas problems	866-275-5252
City parks problems and concerns	318-673-7727 S 318-741-8463 BC
Comcast cable service and repairs	800-226-2278
Consumer credit complaints	888-525-9414
Consumer or business complaints	318-222-7575
Consumer protection problems	225-339-5191
Dead animal removal	318-673-6300 S 318-741-8402 BC
Debris on street or highway	318-673-7300 S 318-741-8611 BC
DirectTV service problems	800-531-5000
Discrimination and employment issues	800-669-4000
Dish Network problems	855-318-0572
Domestic violence situations	318-673-7300 S 318-741-8641 BC
Drug and Narcotic problems	800-662-4357
Electricity service problems (SWEPCO)	888-218-3919
Fire Hazards and Prevention	318-673-6740 S 318-741-8704 BC
Food or drug problems	318-676-3343
Forgery or fraud findings	318-222-5698 S 318-741-8641 BC
Garbage/waste collection problems	318-673-6300 S 318-741-8461 BC
Health care provider problems	800-256-3068
Health facility quality of care issues	800-433-4958
High grass or weeds on property	318-673-6200 S



Homeland security concerns	318-741-8578 BC	Building permits	318-673-6100 S
Home health complaints	318-425-5351	Buyers and Renters Counseling	318-741-8571 BC
Hospital complaints	800-327-3419	Citizen or neighborhood issues	800-358-6216
Immigration and Customs enforcement	866-280-7737	Community Development	318-673-7397 S
Insurance policy complaints	800-973-2867	Developmentally disabled benefits	318-741-8352 BC
Internal Revenue Service	800-259-5301	Disability Determinations	318-673-5900 S
Junk cars or other debris on property	800-829-1040	Domestic Violence information	318-741-8560 BC
	318-673-6200 S	Driver's license and vehicle registration	318-741-7455
	318-741-8571 BC	Elder Care service locator	800-862-1409
Long term care provider complaints	866-632-0922	Federal Aviation Administration	800-256-2266
Medicare Fraud or abuse	877-272-8720	Federal services and benefits	800-799-7233
Medicare quality of care problems	855-315-0636	Federal Tax return completion	225-925-6146
Mosquito problems	318-226-6627 S	Fishing and hunting licenses	800-677-1116
	318-741-8402 BC	Flu/Pneumonia shots	318-424-1418
Natural gas leaks or problems	800-551-8261	Food Assistance	800-688-9889
	800-992-7552	Food Stamp eligibility	844-872-4681
Nursing Home problems	318-767-7900	Foster Grandparent Program	800-829-1040
	888-810-1819	Handicapped vehicle purchases	800-344-9453
Product safety issues	800-638-2772	Health care insurance selection	888-765-2602
Property standards or zoning violations	318-673-6200 S	Healthy Louisiana eligibility	318-865-9545
	318-741-8578 BC	Home ramps for disabled person	318-675-2400
Property Tax assessment	318-226-6704 CP	Homestead Exemption	318-676-7600
	318-965-3400 BP	Immunization cards	318-676-7884
Public services complaints	318-676-7464	Kinship Care Program	225-379-1100
Railroad crossing problems	800-232-0144	Legal assistance for low or no cost	800-259-5301
Service provider complaints	800-660-0488	Legal assistance information	855-229-6848
Shreveport Times delivery problems	866-979-6397	Library services	800-649-5215
Stolen property notice	318-673-7300 S	Lift line services for disabled person	318-226-6705 CP
	318-741-8641 BC	Long Term Personal Care Services	318-965-3400 BP
Stray or noisy animals	318-226-6624 S	Louisiana Tax return completion	318-741-7314 CP
	318-741-8499 BC	Louisiana Taxpayer Assistance	318-676-5222 BP
Street sign or traffic signal problems	318-673-6181 S	Louisiana Veteran benefits	888-524-3578
	318-741-8402 BC	Low Income Assistance Program	318-221-2205
SuddenLink Cable service and repairs	844-874-7558 BP	Marriage licenses	800-960-9109
Trash or solid waste pickup problems	318-673-6300 S	Meals on Wheels	318-212-1011 CP
	318-741-8461 BC	Medicaid Waiver eligibility	318-746-7717 BP
Telephone service and repairs	877-737-2478	Medicare Claim submission	318-673-5316 S
	888-757-6500	Medical transport (non emergency)	877-456-1146
Unfair or deceptive products or items	800-351-4889	Medicare Savings Program	800-829-3071
Unsafe structure or items on property	318-673-7300 S	Mental health services	225-219-2448
	318-741-8611 BC	Metropolitan Planning	800-827-1000
US Mail Service problems	318-677-2235		318-698-3600
	800-275-8777		318-226-6789 CP
Wage and Hour Pay issues	866-487-9243		318-965-2336 BP
Water Bill problems	318-673-5463 S		318-676-7900 CP
	318-741-8757 BC		318-741-8302 BP
Water Off and On Meter services	318-673-7626 S		800-660-0488
	318-741-8402 BC		800-462-9666
Water or Sewer problems or leaks	318-673-6330 S		855-325-7626
	318-741-8466 BC		888-514-7996
			866-416-5370
			318-673-6200 S
			318-741-8824 BC
<b><u>SEEKING INFORMATION</u></b>			
Barksdale AFB retiree benefits	318-456-5976		
Boat Registration	318-676-7594		

Parks and Recreation	318-673-7727 S
Parking ticket information	318-741-8463 BC
Prescription medication assistance	318-222-0290 S
Property Assessment and Taxes	318-741-8835 BC
Sheriff's Office	877-340-9100
Social Security Benefits	318-336-6704 CP
Social Security Hearings and Appeals	318-965-2213 BP
<b>Social services Information</b>	318-675-2170 CP
Tax Payer Assistance	318-965-2203 BP
Telemarketing calls problems	800-772-1213
Tourist and Convention assistance	318-676-3850
Transportation needs	<b>211</b>
Registering vehicles	318-676-7500
Unemployment Benefits	800-676-0773
Veterans Affairs	318-222-9391
Vital and birth records	318-676-7900 CP
Voter Registration	318-741-8302 BP
Weatherization Program	225-925-6146
Workmen's Compensation	866-783-5567
	225-922-0500
	318-676-5201 CP
	318-965-2336 BP
	318-226-6891 CP
	318-965-2301 BP
	318-861-4808
	800-209-7173

## Assistance

### Abuse and Fraud Assistance

Bossier Parish Sheriff's Office  
Elder Services  
318-965-2203

Caddo Sheriff's Office  
Elderly Crime Victim  
Assistance  
318-681-0869

Gingerbread House  
318-674-2900

Louisiana Elderly Protective  
Services  
Adult Protective Services  
800-898-4910

**Louisiana Senior Medicare  
Patrol Program**  
**AdviseWell, Inc**  
**P. O. Box 2228**  
**Gonzales, LA 70707**  
**877-272-8720**  
**[www.stopmedicarefraud.org](http://www.stopmedicarefraud.org)**

Senior Medicare Patrol  
programs help Medicare and  
Medicaid beneficiaries pre-  
vent, detect and report health  
care fraud. In doing so, they  
not only protect older per-  
sons, they also help preserve  
the integrity of the Medicare  
and Medicaid programs.

Medicare Quality  
Improvement  
Organization (QIO)  
Acentra  
888-317-0751

**National Suicide Prevention  
Hotline**  
**988**

**Long-Term Care  
Ombudsman Program**  
**318- 676-7900**  
**800-256-3003**

Long-Term Care Om-  
budsman investigate and

resolve complaints made  
by or on behalf of residents  
of long-term care facilities.  
Long-term care facilities in-  
clude nursing homes, assisted  
living facilities, and per-  
sonal care homes that serve  
individuals who are elderly  
or disabled. Ombudsmen  
services are confidential and  
free of charge. Advocate, in-  
vestigate and resolve senior's  
nursing home complaints  
serving Bienville, Bossier,  
Caddo, Claiborne, DeSoto,  
Red River, and Webster  
Parishes of Louisiana.

Project Celebration  
Domestic Violence Outreach  
office  
318-221-8003

Project Celebration  
Sexual Assault Outreach  
Office  
318-227-7900

Shreveport City Police Crime  
Prevention  
318-673-6940

Shreveport City Police  
Crime Victim Assistance  
318-226-6794

Shreveport City Police  
Forgery and Fraud Unit  
318-673-6985

Senior Care Advocacy  
318-550-4417

Sexual Assault and Abuse  
Hotline  
800-656-4673

### Clothing Assistance

Clothing Closet of Linwood  
Baptist Church  
318-631-4467

# AC Duct Cleaners



"Rid your home of  
**DUST**  
and **BREATHE**  
**HEALTHIER too.**"

## 318-218-0770

In appreciation to all Medical Personnel,  
Military and Seniors we offer a 10% Discount.

All Credit Cards Accepted








Clothing Closet of  
Macedonia House  
318-636-7222

Clothing Closet of Christian  
Services  
318-221-4857

Common Ground  
Community  
318-210-9907

Christian Services Program  
318-221-4857

Dress for Success Shreveport  
318-674-3509

Families United for Change  
318-220-0072

Galilee Baptist Church Social  
Concerns  
318-221-2629

Goodwill Thrift Store  
318-868-4701

Housing Authority of City of  
Shreveport  
318-698-3640

Material Center  
318-222-2435

Pool of Soloam Ministry  
318-631-2212

ReNesting Project, Inc.  
318-747-5520

Salvation Army Family Store  
318-226-1110

Shreveport- Bossier Rescue  
Mission  
318-227-2868

Summer Grove Baptist  
Church – Compassion  
House  
318-683-6977

St. Vincent de Paul Society  
318-865-7807

### **Financial and Bill Assistance**

American Red Cross  
318-865-9545

Bossier Office of Community  
Services  
318-747-1045

Caddo Community Action  
Agency  
318-861-4808

Caddo Community – Utility  
Assistance  
318-425-2401  
318-222-2436

Catholic Charities of North  
Louisiana  
318-865-0200

Christian Services Program  
318-221-4857

Community Service Centers  
318-222-2436  
318-425-2401

Common Ground  
Community  
318-606-5024

Crime Reparations  
225-242-1749

Emergency Broadband  
internet Benefit  
855-754-6543

Emergency Rent and Utilities  
Financial Assistance  
318-865-0200

Free Smoke Detector  
Program  
318-673-6740



Galilee Baptist Church  
-Social Concerns  
318-221-2629

Gas and Rent Financial  
Assistance  
318-424-3200

Hope House by Holy Cross  
Episcopal Church  
318-220-7649

Life Needs Financial  
Assistance  
602-845-1390

Lifeline mobile phone  
program  
888-321-5880

Money Management  
International  
318-797-0885

Philadelphia Center  
318-222-6633

Salvation Army  
318-424-3200

Shreveport Water Assistance  
Program  
318-671-5800

### **Social needs assistance 211**

Social Security  
Administrations  
800-772-1213

Socialization Services  
318-671-5800

Southwestern Electric Power  
Company (SWEPCO)  
888-216-3523

St. Vincent De Paul Society  
318-865-7807

United Way of Northwest  
Louisiana  
318-677-2504

Veterans Affairs  
318-861-1776

Weatherization Assistance  
Program (WAP)  
318-861-4808

### **Food Assistance**

Angel Food Ministries  
318-869-1204

Bernstein Development  
318-636-2063

Catholic Charities of North  
Louisiana  
318-865-0200

Christian Service Program  
318-221-4857

Common Ground  
Community  
318-210-9907

Compassion House  
Summer Grove Baptist  
Church  
318-683-6977

Families United for Change  
318-220-0072

First Methodist Bossier  
Helping Hands  
318-742-3823

**Food Bank of NWLA**  
**318-675-2400**  
**www.foodbanknla.org**

Food Pantry of Linwood  
Baptist Church  
318-631-4467

Galilee Baptist Church  
318-221-2629

Housing Authority of City of  
Shreveport  
318-698-3640

Hope Connections  
318-670-4591

Hub Urban Ministries  
318-606-2518

Material Center- Food Bank  
318-222-2436

**Meals on Wheels**  
• **Caddo Parish:**  
**318-676-7900**  
• **Bossier Parish:**  
**318-741-3802**

Noel Neighborhood  
Ministries  
318-424-0434

Philadelphia Center  
318-222-6633

Salvation Army  
318-424-3200

Showers of Blessing Ministry  
318-861-2472

Shreveport- Bossier Rescue  
Mission  
318-227-2868

Shreveport Green  
318-219-1888

The Highland Center  
318-673-8440

St. Vincent de Paul Society  
318-865-7807

United Way of Northwest  
Louisiana  
318-677-2504

WIC- women, infants &  
children  
318-741-7314

Woody's Home for Veterans  
318-425-1928

### General Assistance

**211 (United Way of  
NWLA)**  
**https://unitedwaynwla.  
org/2-1-1/**  
Dial 211 to speak with a  
trained specialist who will

help you access basic services,  
even at times of disaster.  
FREE! You can also use the  
online Service Directory to  
search for resources near you.

**Aging and Disability  
Resource Center**  
**1700 Buckner Street, Ste.  
240**  
**Shreveport, LA 71101**  
**318-676-7900;**  
**800-256-3003**  
**www.caddocoa.org**

Info and counseling on  
long term care support  
options. Help with crisis  
intervention, applications  
for Prescription Assistance  
Program, Medicare counsel-  
ing and assist with Part D  
selection, find health and  
social support options, sup-  
port families in caring for  
loved ones, ensure clients  
understand long term care  
options.



## Get the family caregiving help you need with resources in Louisiana.

The AARP Family Caregiver Resource Guide for Louisiana  
helps family caregivers access key programs, services and  
agencies in their community.

To order a copy of the guide, call the AARP Family Caregiving  
Resource Line at **1-877-333-5885** and request the AARP  
Family Caregiver Resource Guide for Louisiana  
**aarp.org/CaregiverResources.**



/AARPLouisiana @AARPLouisiana

LEARN MORE





American Red Cross  
NWLA Chapter  
805 Brook Hollow Drive  
Shreveport, LA 71105  
318-865-9545  
www.louisianaredcross.org

**Bossier Council on Aging**  
**706 Bearkat Drive**  
**Bossier City, LA 71111**  
**318-741-7490**  
**www.bossiercoa.org**

Provides services to seniors (over 60) of Bossier Parish that allow them to remain independent and active in the community.

**Caddo Council on Aging**  
**1700 Buckner Street, Ste 151**  
**Shreveport, LA 71101**  
**318-676-7900 Ext 239**  
**www.caddocoa.org**

Local aging program that provides information and services on a range of assistance for older adults (over 60) and those who care for them.

Community Development  
401 Texas Street  
Shreveport, LA 71101  
318-673-5900  
www.shreveportla.gov/dept/cd

Seeks to develop the citizen's ability to identify community programs.

Community Renewal Int.  
838 Margaret Place  
Shreveport, LA 71101  
318-425-3222  
www.communityrenewal.us

Works to restore safe and caring communities through personal relationships.



**Long-Term Care Ombudsman Program**  
**Caddo Council on Aging**  
**1700 Buckner St., Suite 240**  
**Shreveport, LA 71101**  
**318- 676-7900**  
**800-256-3003**

Long-Term Care Ombudsmen investigate and resolve complaints made by or on behalf of residents of long-term care facilities. Long-term care facilities include nursing homes, assisted living facilities, and personal care homes that serve individuals who are elderly or disabled. Ombudsmen also assist consumers and potential consumers with the process of choosing a facility. Ombudsmen services are confidential and free of charge. Advocate, investigate and resolve senior's nursing home complaints serving Bienville, Bossier, Caddo, Claiborne, DeSoto, Red River, and Webster Parishes of Louisiana.

Social Security Administration  
1240 South Pointe Parkway  
Shreveport, LA 71105  
877-319-3074  
www.socialsecurity.gov

Provides Social security benefits, disability benefits, and other federal benefit programs for eligible persons

Heart of Hope  
Family Assistance Services  
318-925-4663

### Health Care Assistance

American Red Cross  
318-865-9545

Bossier Parish Public Health Unit  
318-741-7314

Bossier Office of Community Transportation Services  
318-747-1045

Caddo Council on Aging  
318-676-7900

Caddo Parish Health Unit  
318-676-5222

Community Service Centers  
318-222-2436;  
318-425-2401

David Raines Community Health Centers  
318-425-2252

Help Hands for Community Development  
318-227-1113

Louisiana Medicaid Program  
318-862-9875

Martin Luther King Health Center  
NWLA Interfaith Pharmacy  
318-227-2912

New Horizons Independent Living Center  
318-671-8131

Philadelphia Center  
318-222-6633

Pool of Soloam Medical Ministry  
318-631-2212

Southern Ingenuity  
318-747-0513

St. Luke's Episcopal Medical Ministry  
318-424-0156

### Housing Assistance

ARC of Caddo-Bossier  
318-221-8392

Bossier Office of Community Services  
318-747-1045

Bossier Section 8 Housing  
318-747-7823

Caddo Community Action Agency  
318-861-4808

Catholic Charities of Shreveport  
318-865-0200

Christian Services – Mother Stewart House  
318-222-3363

Community Support Programs  
318-865-1422

Family Life Community Development  
318-636-6152

Families Helping Families  
318-226-4541

Hope Connections  
318-670-4591

Housing Authority of City of Shreveport  
318-698-3600

Housing Authority of Bossier City  
318-549-1556

Housing and Urban Development  
415-489-6400

Providence House  
318-221-7887

Philadelphia Center  
318-222-6633

Renesting Project  
318-747-5520

Salvation Army of  
Shreveport/Bossier  
318-424-3200

Shreveport-Bossier Rescue  
Mission  
318-629-8488

St. Vincent De Paul Society  
318-865-7807

United Way of NW Louisiana  
318-677-2504

Urban Housing of America  
– Louisiana  
318-621-9263

Volunteers of American –  
North Louisiana  
318-221-2669

### **Job Training and Employment Assistance**

Bureau of WorkForce  
Development  
City of Shreveport  
318-673-5900

Catholic Charities of N. LA.  
318-865-0200

Dress for Success Shreveport  
318-828-2983

Employment Services  
Assistance  
318-671-8131

Goodwill Industries of N.  
LA.  
318-868-4701

Head Start  
318-868-6360

Housing Authority of City of  
Shreveport  
318-698-3640

Job Corps Career  
Development Services  
318-227-9331

Jobs for Veterans  
318-676-7748

Louisiana Rehabilitation  
Services  
318-676-7155

New Horizons Independent  
Living  
318-869-4300

Senior Employment  
Program/Ayuda  
318-221-7611

Shreveport Bossier Rescue  
Mission  
318-629-8488

Vocational Rehabilitation  
Louisiana Workforce  
Commission  
318-676-7155

Workforce Commission of  
Bossier Job Service  
318-741-7379

### **Prescription Drug Assistance**

Aging and Disability  
Resource Center  
1700 Buckner St., Suite 240  
Shreveport, LA 71101  
318-676-7900  
www.louisianaseniorrx.org

Martin Luther King Health  
Center  
NWLA Interfaith Pharmacy  
865 Olive Street  
Shreveport, LA 71104  
318-227-2912  
www.mlkhealth.org

The Pool of Siloam Medical  
Ministry  
4140 Greenwood Road  
Shreveport, LA 71109  
318-631-2212  
www.poolofsiloam.org

www.RxAssist.org  
National database to find  
free medications through  
drug companies' Patient as-  
sistance programs.

### **Substance Abuse Assistance**

Compulsive Gambling  
Hotline  
877-770-7867

Counseling Services  
318-869-1632

Council on Alcoholism and  
Drug Abuse(CADA)  
318-222-8511

Eating Disorders Hotline  
800-931-2237

LA Office of Behavior Health  
Counseling services  
318-862-3085

LA office of Behavior Health  
Substance Abuse treatment  
programs  
318-425-3400

**National Suicide Prevention  
Hotline  
988**

Oakwood Home for Women  
318-221-9452

Palmetto Addiction Recovery  
Center  
318-728-2970

Senior Care Advocacy  
318-550-4417

**Sexual Assault and Abuse  
Hotline  
800-656-4673**

Sober Living Homes  
www.oxfordhousela.org

Substance Use Disorder SUD  
program  
800-827-1000

### **Support Groups**

Support groups are made  
up of people with common  
interests and/or experiences  
and are a place for people to  
give and receive emotional  
and practical support as well  
as to exchange information,  
tips and resources.

A Place That Warms the  
Heart - Grief  
318-317-9329

Alcoholic Anonymous  
318-865-2172

Alzheimer's Association  
318-861-8680

Alzheimer's/Dementia  
Caregiver Support Group  
318-865-7177

Alzheimer's and Dementia  
support group  
First Presbyterian Church  
318-222-0604

Alzheimer's and Dementia  
support group  
Savannah Grand of Bossier  
City  
318-549-1001

Alzheimer's and Dementia  
support group  
The Blake in Bossier City  
318-752-6611

Bereavement Support Group  
- Adult  
Willis Knighton Health  
Center  
318-212-8225

Bi Polar Support Group  
318-949-2159





## Forest Park Funeral Home and Cemeteries

*For over 100 years, we have provided professional funeral and cemetery services to the citizens of the Shreveport/Bossier City area. Our family looks forward to serving you and your loved ones for another 100 years.*

# Your Trusted Provider for Over 100 Years



## Forest Park Funeral Home Wellman Memorial Chapel

1201 Louisiana Avenue  
Shreveport, LA 71101

318-221-7181 | [www.forestparkfh.com](http://www.forestparkfh.com)

*We offer every family, every option, every time. Let us help you with complete funeral services.*



## Forest Park Cemetery

3700 St. Vincent Avenue  
Shreveport, LA 71103

318-861-3544 | [www.forestparkcemetery.com](http://www.forestparkcemetery.com)

*For over 100 years, Forest Park Cemetery has served the residents of Shreveport providing exceptional care in a beautiful setting*



## Forest Park West Cemetery

4000 St. Meriwether Road  
Shreveport, LA 71109

318-686-1461 | [www.forestparkwestcemetery.com](http://www.forestparkwestcemetery.com)

*The new Garden of Serenity at Forest Park Cemetery West offers various permanent memorialization options for those choosing cremation.*

**\* MENTION THIS AD FOR A 10% DISCOUNT** CANNOT BE COMBINED WITH ANY OTHER OFFERS

**WE OFFER COMPLETE PRE-PLANNED FUNERAL AND CREMATION SERVICES, PLOTS, MAUSOLEUMS AND CREMATION PRODUCTS AND MANY MEMORIAL OPTIONS**

Breast Cancer Support Group  
318-681-4138

Broadmoor Presbyterian Church  
318-868-3659

Cancer Support Group  
Willis Knighton Health Center  
318-212-8225

Caregiver Support Group  
Noel Memorial  
318-221-5207

Community Support Program  
318-221-1025

Feist-Weiller Cancer Center  
Cancer Control Partnership  
318-813-1461

Feist Weiller Cancer Center  
Cancer Survivorship Clinic  
318-626-4124

Feist Weiller Cancer Center  
Cancer Side Effects Clinic  
318-626-4124

Feist Weiller Cancer Center  
Cancer Patient Support Groups  
318-470-6180

Feist Weiller Cancer Center  
Sickle Cell Patient Support Group  
318-470-6180

Fibromyalgia Support Group  
Willis Knighton Heart Institute  
318-212-4720

Grandparents as Parents (GAP)  
318-865-2070

Heart of Hope  
Sanctuary for Women  
318-925-4663

Heart to Heart Support Group  
318-212-8225

Laryngectomy - New Voice Club  
VA Medical Center  
318-990-5390

Live At Home LA  
Coalition to advocate living at home as long as possible  
225-376-1151

Look Good, Feel Better  
800-227-2345

Louisiana Association on Compulsive Gambling  
318-227-0883;  
318-424-4344

Lymphedema Support Group  
Willis Knighton Health Center  
318-212-8225

Man to Man Prostate Education  
WK Health Center  
318-212-8225

Men to Men: Support Group for Men with Cancer  
318-212-8225

Multiple Myeloma Support Group  
Willis Knighton Health Center  
318-212-8225

NWLA Scleroderma Support Group  
318-373-3459

Oakwood Home for Women  
318-221-9451

# BUY LOCAL BANK LOCAL



"When you Buy Local and Bank Local everyone benefits and our communities grow stronger."

-Joe Arnold, CEO

we're greater together.

**CARTER**  
CREDIT UNION

318-864-9964 | cartercu.org



Overcomers Recovery  
Support Group  
318-687-4777

Overeaters Anonymous  
Support Group  
318-677-4002

Parkinson's Caregiver  
Support Group  
318-549-9744;  
318-675-6148

Parkinson's Support Group  
WKHS Kerlin Memorial  
Conference Center  
318-716-4821

Post-Polio Support Group  
WKHS Kerlin Memorial  
Conference Center  
318-716-7720

Prostate Cancer Group  
Regional Urology  
318-683-0411

Self Help For Hard Of  
Hearing  
318-868-7603

Shreveport-Bossier Ostomy  
Support Group  
318-688-4830

Stroke Support Group  
WK Pierremont Health  
Center  
318-752-3138

Sophia Therapy Group  
318-797-0084

Suicide Support Group  
318-518-7239

The Bridge House Sober  
Living  
318-222-9782

The Bridge Alzheimer's &  
Dementia Resource Center  
318-656-4800

Tobacco Cessation Program  
"WK Quit"  
Willis Knighton Health  
System  
318-212-8225

Veterans Support Groups  
Offers many types of support  
groups  
318-861-1776

Woman to Woman: Caring  
for The Mind, Body &  
Spirit  
Willis Knighton Health  
Center  
318-212-8225

### Tax Filing Assistance

AARP Tax Aide Locator  
(888) 227-7669

Caddo Community Action  
Agency, Inc.  
318-861-4808

Caddo Community Action  
Agency, Inc.  
David Raines Site  
318-425-2401

Caddo Community Action  
Agency, Inc.  
Lakeside Site  
318-222-2436

Highland Center Ministries  
-- VITA Site  
318-673-8440

Internal Revenue Service  
(IRS)  
General – 800-829-1040  
Status of Refund  
- 800-829-4477  
www.irs.gov

Louisiana Dept. of Revenue  
318-676-7505

Morning Star Baptist Church  
-- VITA Site

Sadies Arms, Inc.  
318-426-7382

New Horizons Independent  
Living – VITA Site  
318-671-8131

### Transportation Assistance - LA Medicaid Recipients

■ Non-Emergency Trans-  
portation - For any Louisiana  
Medicaid recipient that lacks  
transportation to medical  
care, call 1-855-325-7626.

■ Medical Transportation  
– For Medicaid recipients  
who are covered under a  
Louisiana Medicaid managed  
care plan should contact  
the call centers in order to  
arrange for needed medical  
transportation:

Aetna Better Health  
1-877-917-4150

AmeriHealth Caritas  
1-888-913-0364

Healthy Blue  
1-866-430-1101

Louisiana Health-  
care Connections  
1-855-369-3723

United Health  
Community Plan  
1-866-726-1472

Quality Transportation  
318-424-7559  
Call 24 hours in advance.

Socialization Services  
318-687-9696  
Medical and non-medical.  
Low income seniors 60+  
living in the Cedar Grove/  
Hollywood/Mooretown  
area - District D. Donations  
requested. 8:30 - 3 M to F.

VA/Veterans  
318-221-8411 Ext. 6856  
Transportation for veterans  
(lift & stretcher capable).

Willis Transportation  
318-658-9133  
Medicaid provider for  
Caddo and Bossier Parishes  
only.

### Transportation Assistance - Medical

AmPm Medical  
Transportation  
318-686-3314, cell  
426-6709  
Lift capable. Monday -  
Friday 5am - 6pm; Saturday  
- Dialysis only

Angel Medical  
Transportation  
318-686-7381  
Medical only/non-emer-  
gency. Monday-Saturday  
5:30 am - 7:00 pm.

**Balentine Ambulance  
Service  
3516 Mansfield Road  
Shreveport, LA 71103  
318-222-5358**

Caring, a family tradition.  
24 Hour service, basis and  
advance life support, Medi-  
care and Medicaid approved.  
Providing transportation  
to and from hospitals,  
nursing homes, rehabilita-  
tion services, and medical  
appointments.

Bossier Council on Aging  
(Lift Capable)  
318-741-7358  
Bossier Parish Residents  
60+. Transportation for  
doctor appointments and  
shopping in Bossier Parish.  
Medicaid accepted.



Bossier Office of Community  
SVS (transportation)  
318-747-1045  
Louisiana transit. Lift  
capable. Bossier Parish Only/  
Medicaid or cash.

Disabled Vets (DAV)  
318-221-8411 Ext. 7025  
No lift available. Transpor-  
tation to VA Medical Center  
for disabled vets.

LIFTLINE (SporTran)  
318-673-5316  
Lift capable. Medical and  
non-medical. Must qualify  
under ADA guidelines. 5:30  
am - 12:15 am weekdays;  
7:15 am - 12:15 am Satur-  
days; 8 am - 5 pm Sundays.

Louisiana State Medicaid  
Transport  
1-800-259-7235  
Lift capable. Medical only.  
Have Medicaid number  
available when calling. 8 am  
to 5 pm Monday-Friday.

M&J Transportation  
318-687-3712;  
318-572-1232  
Lift capable Medical and  
non medical.

**Transportation  
Assistance -Non Medical**

- Air**
- Allegiant Airlines  
702-505-8888
  - American Airlines  
800-433-7300
  - United Airlines  
800-525-0280
  - Delta Airlines  
800-221-1212
- Land**
- A-1 Charter Service  
318-621-0700
  - Action Taxi  
318-222-8294
  - Ace Cab  
318-425-3325
  - All American Shuttle  
318-272-0444
  - Anytime Limousine  
318-470-1429
  - Amtrak Train Service  
800-872-7245
  - Bossier City Limousine  
318-746-5466
  - City Link  
318-469-5175
  - Dixie Tours  
318-470-9757
  - Excalibur Limousines  
318-742-6500

- Golden Stripe Cab  
318-675-0411
- Greyhound Trailways  
318-221-4205
- iShuttle:  
318-677-4388
- J&L Limo Services  
318-686-2467
- Lyft – via online or APP  
on apple and android  
devices
- Red River Coaches  
318-221-5797
- SporTran Bus  
318-673-7425
- Twin City Express  
318-207-2838
- Uber - via online or APP  
on apple and android  
devices
- Yellow Checker Cab  
318-425-7000

- Rental Cars**
- Avis Rent a Car  
800-331-1212
  - Budget Car Rental  
318-636-2846
  - Enterprise Rent a Car  
318-631-8999



**Caregiving  
Adult Day Care Centers**

A non-residential facil-  
ity providing supervised  
activities for elderly and/  
or handicapped persons.  
Most operate 10 to 12 hours  
per week day and provide  
meals, social/recreational  
outings, and general supervi-  
sion. Some facilities provide  
reminders for taking medica-  
tions, protect the client from  
wandering away, decrease the  
feeling of loneliness and de-  
pression, provide a supervised  
environment which gives  
the caregiver/family peace of  
mind, and provide a needed  
break in care giving.

Legacy Senior Day Center  
318-272-2600

Success Adult Day  
Healthcare Center  
318-606-2420

VOA Adult Day Health  
Center  
318-212-1703

**Home Care Providers –  
Non Medical**

These entities provide

# AZALEA ESTATES

## ASSISTED LIVING AND RETIREMENT COMMUNITY

*When it's time to make a decision on Assisted and Retirement living, be sure you make the right choice... Consider Azalea Estates.*

516 E. Flournoy Lucas Rd.  
Shreveport, LA 71115  
Call Lorrie Nunley or Tori Self  
**318-797-2408**  
[www.azaleaestates.com](http://www.azaleaestates.com)

care in the client's place of residence (i.e. home, hospital, assisted living, or nursing home). They are not certified home health care agencies and are not able to provide services which are covered and reimbursed by the Medicare program, some Medicaid programs, and some private insurance programs. Care is generally offered on an hourly basis. Home care providers which have a license from the Louisiana Department of health and Hospitals may provide assistance with activities of daily living: bathing, toileting, grooming, eating, dressing, transferring, continence care, companionship, light housekeeping, meal preparation, pet care, and incidental transportation. Non-licensed sitter or companion service agencies may not provide any hands-on care but may provide companionship, light housekeeping, meal preparation, pet care, and incidental transportation.

### **Always Best Care Senior Services**

**1805 Line Avenue  
Shreveport, LA 71101  
318-424-5300**

**[www.abc-shreveport.com](http://www.abc-shreveport.com)**

Since 1996, Always Best Care has been providing non-medical in-home care for seniors and others when they need it most. We have rigorous standards to ensure that your loved ones receive the highest level of in-home care. Given the choice, most of us want to stay in our homes.

A First Name Basis Home Care  
318-682-8182

Assisted Family Services  
318-861-5928

Bayou Companion Care  
318-683-0026

Bluebird Paramedical Register  
318-742-2224

Comfort Keepers  
318-215-9484

Companion Home Services  
318-429-7482

Delta Medical Services  
318-459-1600

D and K Care Services  
318-631-0805

Elite Health Solutions, LLC  
318-213-5483

Entrum Care, Inc.  
318-949-1828

Exceptional Client Care Services  
318-221-1161

Family Care Services, Inc.  
318-671-1799

Home Assistance Services  
318-682-8182

Home Instead Senior Care  
318-741-9898

Leading Home Care  
318-908-2626

Louisiana Care Tenders  
318-868-3983

Malachi Professional Home Health Services  
318-344-7526

New Horizons Independent Living Center  
318-671-8131



Preferred Care at Home of NWLA  
318-861-4632

ProActive Nursing Solutions  
318-703-3788

Professional Sitter Services  
318-226-5678

St. Genevieve Health Care Services, Inc.  
318-221-2566

St. Matthew's Direct Care Services  
318-223-2273

We Care Sitting Services  
318-670-7015

### **Home Health Care Agencies - Medical**

Home health agencies are licensed and certified by a state to provide care in the patient's residence. Care must be prescribed by the patient's physician. The patient must be generally homebound. These agencies are certified to provide care services that may be reimbursed by Medicare, Medicaid, or private insurance. Services may include: skilled nursing; home health aide services; physical therapy; occupational therapy; speech therapy; social worker

services, personal hygiene care, and light housekeeping. Visit [www.medicare.gov](http://www.medicare.gov) to compare Medicare area certified home health agencies.

Amedisys  
318-865-8865

Ark-La-Tex Home Health  
318-747-6180

CenterWell Home Health  
318-550-0285

Christus Home Care  
318-681-7200

Elara Caring Home Health  
318-742-4026

LA HomeCare of Shreveport  
318-219-9549

National HomeCare Services  
318-869-2655

Prime Star Home Health  
318-259-1410

Professional Home Health  
318-861-3900

Red River Home Health Care  
318-752-4662

Smart Health Care  
318-747-1965

STAT Home Health  
318-861-1965

TruCare Home Health West  
318-703-5157

Vital Caring Group – Home Health  
318-752-4662

**WK Home Health**  
**3300 Albert Bicknell #4**  
**Shreveport, LA 71103**  
**318-212-4180**

Willis-Knighton Home Health is a full-service program providing skilled nursing for disease and pain management; infusion therapy, chemotherapy, total parenteral/enteral nutrition and wound care. Home Health also provides rehab services, including physical therapy, occupational therapy, lymphedema therapy, and speech therapy. Other services are a medical social worker and certified nursing assistants.

## End of Life Planning

### Estate Planning and Legal Services

Catholic Charities of North Louisiana  
318-865-0200  
Legal assistance and advocacy for low income immigrants

Estate Planning for Louisiana  
318- 408-1400

Gilsoul & Associates, LLC  
318-524-9966



**Kyle A. Moore**  
**Elder Law Attorney**  
**9105 Ellerbe Rd, Suite A100**  
**Shreveport, LA 71106**  
**318-222-2100**  
**www.weems-law.com**

Offers a full spectrum of services, considering all options to develop an effective, flexible, and protective plan for a family's specific needs. Specializing in estate planning, long-term care planning, special needs planning, and successions.

Legal Aid of North Louisiana,  
720 Travis Street  
Shreveport, LA 71101  
318-222-7186;  
800-826-9265  
www.lsnl.org

Provide free legal services to people below poverty guidelines and seniors with civil matters.

Louisiana Civil Justice Center  
800-310-7029  
Information and legal referrals for civil law issues

Louisiana Secretary of State  
-- Living Wills  
225-922-0309  
www.sos.louisiana.gov

Miramonte Law, Inc.  
318-869-0055

Morris and Dewett  
318-221-1508

Northwest Louisiana Pro Bono Project  
401 Market St. Suite 930  
Shreveport, LA 71101  
318-213-8300

Refers indigent and low-income residents of Caddo and Bossier Parishes to private

attorneys who volunteer their time but handles only civil, non-fee generating cases.

Professional Civil Law  
Notaries Assn. of N. LA  
318- 797-4396  
www.pclna.org

The Louisiana Civil Law Notary can draft, prepare and execute affidavits, acknowledgements and authentic acts. The Louisiana Civil Law Notary has broad powers usually reserved for attorneys in other states.

### Funeral Homes and Cemeteries

Funeral homes arrange burial services in accordance with the wishes of the family and the deceased. They take care of necessary paperwork, permits, and other details, such as making arrangements with the cemetery, and providing obituaries to the newspaper. Many offer prearrangement services for those who wish to prepare their own services before death.

Aulds Funeral Home  
318-797-8124

Boone Funeral Homes & Crematory  
318-532-4873

Centuries Memorial Funeral Home  
318-686-4334

**Forest Park Funeral Home**  
**1201 Louisiana Avenue**  
**Shreveport, LA 71101**  
**318-221-7181**  
**www.forestparkfh.com**

Forest Park Funeral Home provides unique services to celebrate unique lives. Our team of licensed funeral directors are here to help

you through some of the most difficult times you may encounter.

Good Samaritan Funeral Home  
318-221-7337

Heavenly Gates  
318-222-8010

Hill Crest Funeral Home  
318-949-9415

J. S. Williams & Son Funeral Home  
318-221-6169

Osborn Funeral Home  
318-865-8426

Rose-Neath Funeral Homes  
318-222-0348

**Winnfield Funeral Home**  
**3701 Hollywood Avenue**  
**Shreveport, LA 71109**  
**318-631-0203**  
**www.**

**winnfieldfuneralhome-shreveport.com**

Winnfield Funeral Home-Shreveport provides funeral and cremation services to families with care and compassion. For eighty five years, the Louisiana communities we serve have trusted Winnfield Funeral Homes to help them plan the celebrations of lives lived.

### Hospice Care Services

Hospice is a method of caring for the terminally ill that helps provide comfort and support to patients and family members when an illness no longer responds to cure-oriented treatments. Hospice neither prolongs life nor hastens death. It can be provided in the





## Doctors who make you feel heard, not hurried. **It's about time.**

See how it feels to get **50% more** one-on-one time with your doctor.<sup>1</sup>



**Senior-focused  
primary care**



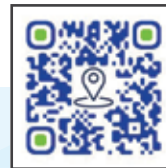
**Same-day  
appointments**



**Doctors who  
listen and care**



**24/7 access to  
the care team**



**Schedule your tour now**  
**318-754-8375**  
**CenterWellTours.com**

We're Medicare-friendly! We accept Medicare plans from many providers, including Aetna, Blue Cross Blue Shield of Louisiana, Healthy Blue, Humana, Peoples Health, UnitedHealthcare and Wellcare.

<sup>1</sup> Comparison based on a study by American Public Health Association published in January 2021 that shows that the average primary care exam was 18 minutes.

CenterWell® does not discriminate on the basis of race, color, national origin, ancestry, sex, sexual orientation, gender, gender identity, disability, age or religion in their programs and activities, including in admission or access to, or treatment or employment in, their programs and activities.

CW-MSHMKM9EN

# Expert Care with Trusted Providers

## Asthma, Allergy & ENT



**Jason Calligas, MD**

Dr. Jason Calligas, a board-certified otolaryngologist, provides a comprehensive ENT practice with diverse clinical interests. He has a broad area of clinical and procedural expertise covering all areas of the ear, nose and throat. He treats patients of all ages. Dr. Calligas sees patients at multiple locations in Shreveport and Bossier City, including our Asthma, Allergy & ENT Center, and the Ambulatory Care Clinic.

### Procedures:

#### Otology

- Tympanostomy Tube Placement
- Tympanoplasty
- Mastoidectomy
- Management of Pulsatile Tinnitus

#### Pediatric Otolaryngology

- Tympanostomy Tube Placement
- Tonsillectomy
- Adenoidectomy
- Frenectomy (upper lip tie and lingual)
- Congenital Mass Excision
- Lymph Node Biopsy
- Preauricular Pit Excision

#### Head and Neck

- Excision of Cutaneous/Oral Oropharyngeal/Pharyngeal/Laryngeal Lesions
- Neck Dissections
- Thyroidectomy
- Parathyroidectomy
- Parotidectomy
- Laryngectomy
- Submandibular Gland Excision

#### Rhinology

- Septoplasty (classic and endoscopic)
- Turbinate Reduction (celon and submucosal resection)
- Functional Endoscopic Sinus Surgery
- CSF Leak Repair
- Transnasal Endoscopic Skull Base Surgery

#### Laryngology

- Injection Laryngoplasty
- Flexible and Direct Laryngoscopy
- Microsurgical Management of Laryngeal Lesions
- Laser Laryngoscopic Procedures

### Schedule an Appointment



463 Ashley Ridge Blvd., Ste. 100  
Shreveport, LA 71106



4440 Viking Dr., Ste. 100  
Bossier City, LA 71112\*  
\*Injections Only



318-221-3584



[ochsnerlsuhs.org](https://ochsnerlsuhs.org)



home, hospice facility, nursing home, or hospital. Medical, social, spiritual, and counseling services can all be part of the care. Medicare and many private health insurance programs cover hospice but require specific patient eligibility, including certification by a physician that the patient is terminally ill with 6 months or less to live.

Amedisys Hospice  
318-868-8788

Bristol Hospice Shreveport  
318-524-1046

Bristol Hospice Minden  
318-382-9396

Christus Hospice & Palliative Care  
318-383-6748

Hand In Hand Hospice Care  
318-299-3012

Heart of Hospice  
318-865-4077

LifePath Hospice Care  
318-222-5711

Nightingale Hospice  
318-402-2300

Passages Hospice  
318-371-1140

SouthernCare Hospice  
318-227-9160

St. Joseph Hospice  
318-222-8723

Superior Hospice  
318-872-2000

**Willis Knighton Hospice of Louisiana**  
**616 East Flournoy Lucas Rd**  
**Shreveport, LA 71115**  
**318-212-2170**

Willis-Knighton Hospice of Louisiana provides skilled services and compassionate support from a team of professionals that includes the attending physician, medical director, registered nurses, social workers, chaplains, home health aides, music therapy, auxiliary services and volunteers.

**Health and Medical Services**

**Dialysis Facilities**

Offering Medicare approved dialysis services in the area. For comparison information regarding dialysis facilities, please visit [www.medicare.gov](http://www.medicare.gov).

DAVITA – Broadmoor  
318-797-7940

DAVITA – Red River  
318-603-0548

DCI -Shreveport  
318-226-1020

DCI- North Shreveport  
318-220-7012

DCI – East Shreveport  
318-861-5051

FMCNA - Shreveport Regional  
318-227-9765

FMCNA- Dialysis Center of Shreveport  
318-869-3016

FMCNA – North Shreveport Dialysis  
318-425-7371

FMCNA -Bossier Regional  
318-746-8440

FMCNA-South Bossier  
318-741-5167

FMCNA – Pierremont  
318-524-9906

FMCNA – South Shreveport  
318-868-8320

FMCNA – Southwest Shreveport  
318-683-3296

FMCNA- West Shreveport  
318-621-0750

**Willis Knighton Medical Center - Dialysis Center**  
**2716 Portland Avenue**  
**Shreveport, LA 71103**  
**318-212-4339**

Offering inpatient dialysis for kidney failure at all Willis-Knighton hospitals. Outpatient dialysis is offered at the Dialysis Center on the campus of Willis-Knighton Medical Center and at the Willis-Knighton Rehabilitation Institute.

**Willis Knighton Rehabilitation Institute**  
**Outpatient Renal Dialysis**  
**1111 Line Avenue**  
**Shreveport, LA 71101**  
**318-716-4545**

Outpatient Renal Dialysis provides an enhanced environment for patients who require this service. There are 13 easily accessible private patient stations focused on safety, comfort, and privacy.

**Disability Services**

Offering those with disabilities special support services, information, and the assistive technology necessary to participate fully in their environment.

ARC of Caddo-Bossier  
318-221-8392

Betty & Leonard Phillips Deaf Action Center of Louisiana  
318-425-7781

Families Helping Families  
318-226-4541

Hear Now –LSUHSC ENT Clinic  
318-675-6262

Hearing Aids – LA Rehab  
318-676-7155

Hearing Units (State Disability Determination)  
318-869-6576

LA Association for The Blind  
318-635-6471

Louisiana Assistive Technology Access Network (LATAN)  
318-841-1548

Louisiana Rehabilitation Services  
318-676-7155

Mollie Webb Speech & Hearing Clinic  
318-632-2015

New Horizons Independent Living Center  
318-671-8131

The Advocacy Center  
318-227-6186



### Eye Care Providers

Ophthalmologists are medical doctors who deliver total eye care, including performing a complete eye examination, prescribing eyeglasses and contact lenses, diagnosing and treating eye diseases, and performing surgery. Optometrists perform eye examinations and can determine the presence of vision-related problems, prescribe eyeglasses and contact lenses. Opticians are trained in filling prescriptions for eyeglasses and contact lenses.

David Raines Community Center  
318-425-2252

Lusk Eye Specialists  
318-222-5555

Planchard Eye and Laser Center  
318-212-7860

Shreveport Eye Clinic  
318-861-4009

### Willis Knighton Eye Institute

- **North**  
2611 Greenwood Road  
Shreveport, LA 71103  
318-212-2020
- **Pierremont**  
7607 Youree Drive  
Shreveport, LA 71105  
318-212-3937
- **South**  
2530 Bert Kouns Industrial Loop  
#116  
Shreveport, LA 71118  
318-212-5901

Three convenient locations for the treatment of all eye conditions. From fitting

glasses and contacts to treating diabetic eye disease to routine and complex cataract eye surgery, they provide comprehensive eye care for the entire family.

Zaffater Eye Center  
318-747-5838

### Hearing Care Providers

An otolaryngologist is a medical doctor that has specialized in problems of the ear, nose, and throat. Audiologists treat hearing loss through hearing aids and identify and refer any conditions that require treatment by an otolaryngologist (or ENT) physician.

Associates of Ear and Throat  
Ochsner LSU Health Sciences Center  
318-675-6262

Audibel of Shreveport  
318-425-5417

Better Hearing Systems of  
NW Louisiana(BC)  
318-759-0950

Better Hearing Systems of  
NW Louisiana(SHV)  
318-632-7620

David Raines Community Health Center  
318-425-2252

Ear, Nose and Throat Center  
318-798-0759

Ear, Nose and Throat Center  
318-226-9441

Genesis Hearing Center  
318-797-3311

Miracle Ear Hearing Center  
318-219-4156

### Ochsner Health System LSU Health Shreveport Asthma, Allergy & ENT Center

- 463 Ashley Ridge Blvd, #100  
Shreveport, LA 71106  
318-221-3584

- 4440 Viking Drive, #100  
Bossier City, LA 71111  
318-221-3584

Willis Knighton  
The Center for Ear, Nose, and Throat Disorders  
2300 Hospital Dr, Suite 460  
Bossier City, LA 71111  
318-212-7953

### Home Infusion Providers

Provides safe, effective administration of medication or vital fluids to patients in their home or outpatient setting.

BioScrip (Carepoint Partners)  
318-747-5080

IV Plus of Shreveport  
318-683-5139

National Pharmacy Services  
318-797-9517

Reliant Specialty Infusion  
888-339-0906

### Hospitals

Hospitals employ a wide array of highly trained health care professionals. General hospitals have many specialized departments that deal with many kinds of disease and injury, and typically have an emergency department to deal with urgent threats to health. Specialized hospitals include rehabilitation



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hospitals, children's hospitals, geriatric hospitals, veteran's hospitals, and hospitals for dealing with specific medical needs.

**Brentwood Hospital**  
1006 Highland Avenue  
Shreveport, LA 71101  
318-678-7500

**Christus Highland Medical Center**  
1453 E. Bert Kouns  
Shreveport, LA 71105  
318-798-4300

**Christus Bossier Emergency Hospital**  
2531 Viking Drive  
Bossier City, LA 71111  
318-681-7000

**Cornerstone Hospital of Bossier City**  
4900 Medical Drive  
Bossier City, LA 71112  
318-747-9500

**Encompass Health Rehabilitation Hospital of Shreveport**  
8650 Millicent Way  
Shreveport, LA 71115  
318-642-8100

**Intensive Specialty Hospital of Shreveport**  
1800 Irving Place  
Shreveport, LA 71101  
318-425-4096

**Intensive Specialty Hospital of Bossier City**  
2525 Viking Drive  
Bossier City, LA 71111  
318-841-2525

**Louisiana Behavioral Health**  
9320 Linwood Avenue  
Shreveport, LA 71106  
318- 644-8830

**Minden Medical Center**  
#1 Medical Plaza  
Minden, LA 71055  
318-377-2321

**North Caddo Memorial**  
1000 South Spruce Street  
Vivian, LA 71082  
318-375-3235

**Ochsner LSU Health Hospital**  
**1541 Kings Highway**  
**Shreveport, LA 71103**  
**318-626-0000**

The physicians and staff of Ochsner LSU Health Shreveport – Academic Medical Center provide state of the art healthcare services in a warm and caring environment. Partnering with the LSU School of Medicine, our goal at Ochsner LSU Health is to provide high-quality patient care within a setting that advances medical science through research and educates the next generation of leaders in healthcare.

**Ochsner LSU Health - St. Mary Medical Center**  
**1 Saint Mary Place**  
**Shreveport, LA 71101**  
**318-626-4300**

St. Mary Medical Center is a 122-bed hospital that includes a number of targeted care centers, including a comprehensive diagnostic and imaging center, Women's & Children's Center, Neurology and Neurosurgery centers, surgery and operative rooms, Orthopedics and Sports Medicine Center.

**Overton Brooks Veterans Administration Hospital**  
510 Stoner Avenue  
Shreveport, LA 71130  
318-221-8411



**P. A. M. Specialty Hospital of Shreveport South**  
8001 Youree Drive  
Shreveport, LA 71105  
318-212-3200

**P. A. M. Specialty Hospital of Shreveport North**  
2550 Kings Highway  
Shreveport, LA 71103  
318-212-6860

**Shreveport Rehabilitation Hospital**  
1451 Fern Avenue  
Shreveport, LA 71105  
318-232-8880

**WK Medical Center**  
**2600 Greenwood Road**  
**Shreveport, LA 71103**  
**318-212-4000**

A 369 bed acute care hospital providing various medical treatments, therapies, and surgical care and staffed with doctors, nurses, and other health care professionals. Willis Knighton Health System (WKHS) has been rated one of the top 100

hospitals in the US.

**WK Bossier Health Center**  
**2400 Hospital Drive**  
**Bossier City, LA 71111**  
**318-212-7000**

A 114 bed acute care hospital providing various medical treatments, therapies, and surgical care and staffed with doctors, nurses, and other health care professionals. WKHS has been rated one of the top 100 hospitals in the US.

**WK South and the Center for Women's Health**  
**2510 Bert Kouns**  
**Shreveport, LA 71118**  
**318-212-5000**

A 186 bed acute care hospital providing various medical treatments, therapies, and surgical care and staffed with doctors, nurses, and other health care professionals. WKHS has been rated one of the top 100 hospitals in the US.

**Willis Knighton  
Pierremont Health  
Center  
8001 Youree Drive  
Shreveport, LA 71105  
318-212-3000**

A 112 bed acute care hospital providing various medical treatments, therapies, and surgical care and staffed with doctors, nurses, and other health care professionals. WKHS has been rated one of the top 100 hospitals in the US.

**Willis-Knighton  
Rehabilitation Institute  
1111 Line Avenue  
Shreveport, LA 71101  
318-716-4545**

The region's only rehabilitation hospital with 65 beds features physical rehabilitation, behavioral rehabilitation, and outpatient dialysis.

**Medical Equipment  
and Supplies**

Durable medical equipment suppliers provide equipment, supplies, and services that help patients stay active, achieve a better quality of life, and remain safe in their home. This also includes ramps, lifts, and other equipment and devices.

**AMRAMP  
800-649-5215**

Wheelchair ramps, lifts and more At AMRAMP, we are on a mission to help people with mobility limitations regain their independence and Find Their Forward™. Whether it's through our residential ramps, commercial ramps, lifts, or bathroom safety items, we're here to support you every step of the way.

Accucare Medical  
318-687-1444

Allmed Mobility  
318-222-2860

Allegiance Medical Supply  
318-865-7111

FastServ Medical  
318-741-9586

Lincare  
318-636-9991

Physician's Choice Medical  
Supply  
318-746-6288

Regional Medical Rental and  
Sales  
318-686-5277

Samaritan Home Medical &  
Respiratory  
318-687-2809

Southern Rehab and Home  
Medical Equipment  
318-409-8324

Alcoholics Anonymous  
318-865-2172

Alzheimer's Association  
318-861-8680

Behavioral Health Crisis Line  
866-416-5370

Brentwood Hospital  
318-678-7500

Celebrate Recovery  
318-213-3600

Clint Davis Counseling and  
Integrative Wellness  
318-562-6903

Community Support  
Programs  
318-865-1422

Council on Alcoholism and  
Drug Abuse  
318-222-8511

Family Life Community  
Development  
318-636-6152

Goodwill Industries of North  
Louisiana  
318-868-4701

**Learning RX**  
**8856 Youree Drive, Suite D**  
**Shreveport, LA 71115**  
**318-797-8523**  
**[www.learningrx.com/shreveport/](http://www.learningrx.com/shreveport/)**

When memory, attention, reading, or comprehension skills are weak, learning and life can be harder than they need to be for children and adults. At LearningRx, our brain training programs target and train these weak skills using a series of mental exercises that work on the way the brain learns, thinks, remembers, and performs. Clients work one-on-one

**Mental Health and  
Substance Abuse  
Therapy Services**

Mental Therapies include talk therapy, medication therapy, electroconvulsive treatments, and substance abuse therapies that can be provided on an inpatient or outpatient basis. If you or someone you are concerned about are in a crisis and at risk to yourself or others, call 911 or go to the emergency room of a local hospital.

Advocacy Services  
318-676-7332

Al-Anon  
318-344-0212

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Shreveport, Louisiana 71118  
318-688-9525

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with their own personal brain trainer, which is a big part of what makes us so unique and our results so effective.

Louisiana Behavioral Health  
318-644-8830

Louisiana Health  
Department  
Keep Calm Line  
866-310-7977

Narcotics Anonymous  
318-677-4344

National Suicide Help Line:  
Call 988  
800-273-8255

National Alliance on Mental  
Health  
318-751-1320

New Hope Addiction  
Recovery  
318-550-5490

OASIS Integrated Medical  
Services  
318-678-8880

Office of Addictive Disorders  
318-632-2040

Red River Behavioral Center  
318-549-2033

Samaritan Counseling Center  
318-221-6121

SAMHSA's National  
Helpline  
800-662-4357

Suicide and Crisis LifeLine  
Call or Text 988  
www.988lifeline.org

Shreveport Mental Health  
Center  
318-676-5111

The Bridge Alzheimer's &  
Dementia Resource Center  
318-656-4800

United Way of Northwest  
Louisiana  
318-677-2504

VA Medical Center  
318-221-8411

Volunteers of America –  
North Louisiana  
318-221-2669

**Willis Knighton Institute of  
Behavioral Health**  
**2510 Bert Kouns**  
**Shreveport, LA 71118**  
**318-212-5200**  
**www.wkhs.com**

Institute for Behavioral Medicine offers inpatient, partial hospitalization and outpatient programs. Services include geriatric psychiatric Care, adult psychiatry and individual and family therapy. The Institute's Addiction Recovery Center has an excellent record in the treatment of substance abuse among adults with inpatient medical detox, outpatient and evening programs. The Institute's team includes psychiatrists, other physicians, psychologists, licensed counselors, social workers, nurses, occupational therapists and family therapists.

### **Orthotics and Prosthetics**

Orthotics is concerned with the design, development, fitting and manufacturing of devices that support or correct musculoskeletal deformities and/or abnormalities of the human body. A prosthetic provider creates artificial

limbs or orthopedic braces.

Arnold's Prosthetics, Inc.  
318-425-2400

Certified Limb and Brace  
318-636-9145

Shreveport Prosthetics, Inc.  
318-734-7933

**Snell's Orthotics and  
Prosthetics**  
**1833 Line Avenue**  
**Shreveport, LA 71101**  
**318-424-4167**  
**www.snellsoandp.com**

Since 1911, Snell's has been focused on enabling our patients to achieve their highest possible level of mobility and independence. Our services include: prosthetics, orthotics, pedorthists, and cranial helmets for babies. Schedule an appointment today!

### **Pharmacies**

Medical entities that prepare, distribute and give information about medicines per a prescription from a licensed physician or other authorized health care professional. A compounding pharmacy makes particular prescription medicines to fit the unique needs of the individual.

Boudreaux's Compounding  
Pharmacy  
2551 Greenwood #110  
Shreveport, LA 71108  
318-631-2005

David Raines Community  
Health Center Pharmacy  
1625 David Raines Road  
Shreveport, LA 71107  
318-227-3355

Drug Emporium  
5819 East Kings Highway  
Shreveport, LA 71105  
318-861-7898

Line Avenue Pharmacy  
1822 Line Avenue  
Shreveport, LA 71101  
318-221-5114

Medic's Compounding  
Pharmacy  
1847 Line Avenue  
Shreveport, LA 71101  
318-222-8477

National Pharmacy Services  
of Shreveport  
8860 Quimper Place  
Shreveport, LA 71105  
318-797-9517

Sterling Healthcare Services  
2535 Bert Kouns Industrial  
Loop  
Shreveport, LA 71108  
318-687-4546

### **Physicians**

**Jason Patrick Calligas,**  
**M.D.**  
**Asthma, Allergy & ENT**  
**Center**  
**Ochsner Health LSU**  
**Health**  
**463 Ashley Ridge Blvd,**  
**#100**  
**Shreveport, LA 71106**  
**318-221-3584**

Dr. Calligas is a board certified otolaryngologist who provides a comprehensive general ENT practice with clinical interests in head and neck surgery, endocrine surgery, and chronic sinus disease. He treats patients of all ages.



**Willis Knighton Eye Institute**

- **North**  
2611 Greenwood Road  
Shreveport, LA 71103  
318-212-2020
- **Pierremont**  
7607 Youree Drive  
Shreveport, LA 71105  
318-212-3937
- **South**  
2530 Bert Kouns  
Industrial Loop #116  
Shreveport, LA 71118  
318-212-5901

Three convenient locations for the treatment of all eye conditions. From fitting glasses and contacts to treating diabetic eye disease to routine and complex cataract eye surgery, they provide comprehensive eye care for the entire family.

**Primary Care Centers for Seniors**

**CenterWell Senior Primary Care Centers**

- **Shreveport Center**  
7551 Youree Drive  
Suite 11  
Shreveport, LA 71105  
318-642-9282
- **Shreveport South Center**

- 2020 Bert Kouns  
Shreveport, LA 71118  
318-935-9762
- **Bossier City Center**  
2900 East Texas Street,  
Suite 100  
Bossier City, LA 71111  
318-606-6737

At CenterWell, we welcome senior patients from all walks of life who share the common goal of staying healthy and active. Whether you're here because of a sudden sickness or for a preventive check-up, we can connect you to the right doc-

tor and CenterWell primary care expertise. Our commitment to your health extends beyond just a visit. We're not just concerned with today's health issues; we're here to connect the dots to meet your health goals far into the future.

Oak Street Health  
318-908-0084

**Rehabilitation & Physical Therapy**

Rehabilitation services help restore some or all of the patient's physical, sensory, and mental capabilities that were lost due to injury, illness, or disease. Physical therapy helps regain strength and mobility; occupational therapy helps with daily activities of living; and speech/language therapy help with speaking and swallowing.

Bayou State Therapy  
318-219-7737

Brewer Physical Therapy  
318-222-8892

Eberhardt Physical Therapy  
318-222-7442

Encompass Health  
Rehabilitation Hospital of  
Shreveport  
318-642-8100

**Highland Place**  
1736 Irving Place  
Shreveport, LA 71101  
318-221-1983

Highland Place of Shreveport is "Caring from the heart". Our staff is available 24 hours a day to assist you or your loved in transitioning to our facility. Our facility offers 24 hour skilled nursing in our short-stay Medicare

rehabilitation unit. We have a registered respiratory therapist, full time wound care team, and other health care professionals on staff to provide needed specialty services.

**Learning RX**  
8856 Youree Drive, Suite D  
Shreveport, LA 71115  
318-797-8523  
[www.learningrx.com/shreveport/](http://www.learningrx.com/shreveport/)

When memory, attention, reading, or comprehension skills are weak, learning and life can be harder than they need to be for children and adults. At LearningRx, our brain training programs target and train these weak skills using a series of mental exercises that work on the way the brain learns, thinks, remembers, and performs. Clients work one-on-one with their own personal brain trainer, which is a big part of what makes us so unique and our results so effective.

Ochsner LSU Health  
Shreveport  
Allied Health Clinic  
318-813-2970

**Willis-Knighton Rehabilitation Institute**  
1111 Line Avenue  
Shreveport, LA 71101  
318-716-4545

The Willis-Knighton Rehabilitation Institute serve patients who need physical rehabilitation (inpatient rehabilitation & outpatient rehabilitation) or behavioral rehabilitation. Moving these inpatient services from other Willis-Knighton campuses and incorporating them in a centrally-located hospital designed for rehabilitation

better accommodates the needs of these patients. In addition to rehabilitation services, this location also features the Outpatient Dialysis Department.

**Urgent Health Care**

An urgent care center is a walk-in clinic focused on the delivery of medical care for minor illnesses and injuries in an ambulatory medical facility outside of a traditional hospital-based or freestanding emergency department (ED).

Christus Velocity Urgent  
Care  
7045 Youree Drive  
Shreveport, LA 71105  
318-798-3763

Christus Velocity Urgent  
Care  
9300 Mansfield Road, Ste.  
110  
Shreveport, LA 71118  
318-681-6795

Christus Velocity Urgent  
Care  
2151 Airline Drive  
Bossier City, LA 71111  
318-550-2176

Coastal Urgent Care of  
Bossier  
5314 Airline Drive  
Bossier City, LA 71111  
318-678-5272

Coastal Urgent Care of  
Haughton  
8021 East Texas Street  
Bossier City, LA 71111  
318-678-5272

FastPace Health Urgent Care  
9365 Mansfield Road  
Shreveport, LA 71118  
318-656-4621

**Ochsner LSU Health –  
Urgent Care**  
1641 East 70th Street  
Shreveport, LA 71105  
318-626-0037

**Ochsner LSU Health –  
Urgent Care**  
2113 Airline Drive  
Bossier City, LA 71111  
318-626-0038

**WK Quick Care Pierremont**  
1666 E. Bert Kouns  
Industrial Loop, Suite  
105  
Shreveport, LA 71105  
318-212-3520

**WK Quick Care Bossier**  
2300 Hospital Drive, Ste  
180  
Bossier City, LA 71111  
318-212-7520

**WK Quick Care Forbing**  
9460 Ellerbe Road, Suite  
140  
Shreveport, LA 71106  
318-212-7070

**WK Quick Care South**  
2520 Bert Kouns Industrial  
Loop, Suite 105  
Shreveport, LA 71118  
318-212-5520

## Health Care Insurance Plans

**Health Care plans  
before Medicare  
eligibility**

Healthcare.gov

For individuals under the age of 65 or those who are not eligible for Medicare, Medicaid or VA, visit the US Government website which will provide you the available health insurance plans and estimated prices in a specific area of the US. Visit [www.healthcare.gov](http://www.healthcare.gov)

[healthcare.gov/see-plans/#/](http://healthcare.gov/see-plans/#/).

Health Insurance Plan  
Advisors  
Cornerstone Financial  
Services, LLC  
318-221-8888

Louisiana Department of  
Insurance  
1-800-259-5300, option 2  
[www.ldi.la.gov](http://www.ldi.la.gov)

The Senior Health Insurance Information Program (SHIIP) helps Medicare beneficiaries better understand their coverage options and benefits. SHIIP provides free unbiased guidance via telephone or in a face-to-face interactive setting. Senior health counselors provide a better understanding of the four parts of Medicare: Medicare A, B, C & D. This will also encompass your health insurance options, including Medicare Supplement (Medigap), prescription drug coverage and Medicare Advantage plans. SHIIP counselors are also trained to help you apply for Medicare, understand claims and appeals, how to reduce cost through the Medicare Savings Program (MSP) and Low-Income Subsidy Assistance (LIS) programs.

**Medicaid Health Care  
Plans in Louisiana**

Healthy Louisiana  
(previously Bayou Health)  
1-855-229-6848

[www.myplan.healthy.la.gov](http://www.myplan.healthy.la.gov)  
Health care delivery system for Louisiana Medicaid and LaChip recipients in either a “prepaid plan” or a “shared savings plan”. Healthy Louisiana Plans available as of 1/31/2025 are as follows:

## Highland Place Rehab & Nursing Center Home of Transitions Rehab Post Acute Rehabilitation & Skilled Nursing



## Caring from the Heart

We hope you never will need the services of any rehab and nursing center, but if you do, come by and tour in person.

You will see why so many make Highland Place their choice for rehab and nursing care.

We work hard to get you or your loved one home as quickly as possible.

*In Your  
Neighborhood* **Call today for  
more information  
at (318) 221-1983.**



*Angie Hayes*  
Administrator

*Highland Place Rehab &  
Nursing Center*

1736 Irving Place,  
Shreveport, LA 71101  
[www.highlandplacernc.com](http://www.highlandplacernc.com)

**Main Number: (318) 221-1983**

**Admissions: (318) 841-8704**



Highland Place welcomes all persons in need of our services without regard to race, age, disability, color, national origin, religion, marital status, gender and will make no determination regarding admissions or discharges based upon these factors. We comply with Section 504 of the Civil Rights Act.



- Aetna Better Health  
1-855-242-0802  
www.aetnabetterhealth.com/louisiana
- AmeriHealth Caritas  
1-888-756-0004  
amerihealthcaritasla.com
- Healthy Blue  
1-844-521-6941  
myhealthybluea.com
- Humana Healthy Horizons in Louisiana  
1-800-448-3810  
www.humana.com/healthylouisiana
- Louisiana Healthcare Connections  
1-866-595-8133  
Louisianahealthconnect.com
- UnitedHealthcare  
1-866-675-1607  
uhcommunityplan.com

**Medicare Health Advantage Plans**

The following offer Medicare Health Plans (also known as Medicare Part C or Medicare Advantage Plans) for eligible persons residing in Caddo/Bossier parishes according to Medicare & You 2025 Handbook and www.medicare.gov as of 1/31/2025. These health plan options are part of the Medicare program. If you join, you generally get all of your Medicare-covered health care through that plan. Coverage can also include prescription drugs, and other health care coverage and benefits. Other plans may be available by calling 1-800-633-4227. TTY: 877-486-2048. Visit www.medicare.gov to compare plans. (NOTE: If

you did not receive a copy of “Medicare and You 2025 Handbook” mailed to your home, call 1-800-633-4227 or email medicareandyou@cms.hhs.gov to request a copy.) For personalized health insurance counseling for Louisiana residents, call the SHIIP program at 1-800-259-5300.

Aetna Medicare HMO Plan (H3928)  
Toll Free 833-859-6031  
www.aetnamedicare.com  
Medicare Health Plan is a Health Maintenance Organization (HMO)

Aetna Medicare Plans (H5521 and H3928)  
Toll Free 833-859-6031  
www.aetnamedicare.com  
Medicare Health Plan is a Preferred Provider Org. (PPO)

Blue Cross and Blue Shield of Louisiana (H1248)  
Toll Free 800-363-9152  
www.bcbsla.com/blueadvantage  
Medicare Health Plan is a Preferred Provider Org. (PPO)

Blue Cross and Blue Shield of Louisiana (H6453)  
Toll Free 800-363-9152  
www.bcbsla.com/blueadvantage  
Medicare Health Plans is a Health Maintenance Org. (HMO)

Humana Gold Plus (H1951)  
Toll Free 800-833-2364  
TTY 877-833-4486  
www.humana.com/medicare  
Medicare Health Plan is a Health Maintenance Org. (HMO)

Humana Honor (H5216)  
Toll Free 800-833-2364  
TTY 877-833-4486  
www.humana.com/medicare  
Medicare Health Plan is a Preferred Provider Org. (PPO)

Humana Choice (H5216)  
Toll Free 800-833-2364  
TTY 877-833-4486  
www.humana.com/medicare  
Medicare Health Plan is a Preferred Provider Org. (PPO)

Humana Choice (R0110)  
Toll Free 800-833-2364  
TTY 877-833-4486  
www.humana.com/medicare  
Medicare Health Plan is a Regional Provider Org. (PPO).

Peoples Health Choices (H1961)  
Toll Free 800-555-5756  
www.peopleshealth.com  
Medicare Health Plan is a Health Maintenance Org. (HMO)

Peoples Health Choices (H4544)  
Toll Free 800-555-5756  
www.peopleshealth.com  
Medicare Health Plan is a Preferred Provider Org. (PPO)

Wellcare Assist Health Plan (H2491)  
Toll Free 844-917-0175  
www.wellcare.com/medicare  
Medicare Health Plan is a Health Maintenance Org. (HMO)

Wellcare Community Assist Health Plan (H3047)  
Toll Free 844-917-0175  
www.wellcare.com/medicare  
Medicare Health Plan is

a Preferred Provider Org. (PPO)

**Medicare Prescription Drug Plans**

The following offer Medicare Prescription Drug Plans (also known as Medicare Part D plans) for persons residing anywhere in Louisiana according to the 2025 “Medicare and You Handbook”. Some of these plans may not be available in all Louisiana parishes. Other Medicare prescription drug plans may be available by visiting www.medicare.gov or calling 1-800-633-4227 (TTY: 877-486-2048). To compare plans visit www.medicare.gov (NOTE: If you did not receive a copy of “Medicare and You 2025 Handbook” mailed to your home, call 1-800-633-4227 or email medicareandyou@cms.hhs.gov to request a copy. For personalized health insurance counseling for LA residents, call the SHIIP program at 1-800-259-5300).

AARP MedicareRx (S5820, S5921)  
UnitedHealthcare  
888-867-5564  
www.AARPmedicarerx.com

Cigna Secure RX (S5617)  
800-735-1459  
www.cignamedicare.com

Humana Rx Plan (S5884)  
800-706-0872  
www.humana.com/medicare

Mutual of Omaha Rx (S7126)  
800-961-9006  
www.mutualofomaharx.com

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SilverScript (S5601)  
Aetna Medicare  
833-526-2445  
[www.aetnamedicare.com](http://www.aetnamedicare.com)

UnitedHealthcare (S5820,  
S5921)  
888-867-5564  
[www.aarpmedicarerx.com](http://www.aarpmedicarerx.com)

WellCare (S4802)  
866-859-9084  
[www.wellcare.com/PDP](http://www.wellcare.com/PDP)

### Medicare "Special Needs" Plans

The following offer Medicare Special Needs Plans (SNP) for residents of Caddo/Bossier parishes according to Medicare & You 2025 Handbook and [www.medicare.gov](http://www.medicare.gov) as of 1/31/2025. These health plan options are part of the Medicare program. If you join, you generally get all of your Medicare-covered health care through that

plan. Coverage can include prescription drugs, and other health care coverage and benefits. However, a SNP plan provides benefits and services to people with specific diseases, who have certain health care needs, or have limited incomes. A SNF plan tailors its benefits, provider choices, and list of drugs (formularies) to best meet the specific needs of the groups of individuals that they serve. For additional information, call 1-800-633-4227. TTY: 877-486-2048. Visit [www.medicare.gov](http://www.medicare.gov) to compare plans. Please contact the plan about its enrollment policies and rules. (NOTE: If you did not receive a copy of "Medicare and You 2025 Handbook" mailed to your home, call 1-800-633-4227 or email [medicareandyou@cms.hhs.gov](mailto:medicareandyou@cms.hhs.gov) to request a copy. For personalized free health insurance counsel-

ing for LA residents, call the SHIIP program at 1-800-259-5300).

Aetna Medicare (H3239; H5521) Special Needs Plans  
Toll Free 833-859-6031  
[www.aetnamedicare.com](http://www.aetnamedicare.com)

Blue Cross and Blue Shield of Louisiana (H6453) Special Needs Plan  
Toll Free 800-363-9152  
[www.bcbsla.com/blueadvantage](http://www.bcbsla.com/blueadvantage)

American Health Advantage of Louisiana Plan (H8492) Special Needs Plan  
Toll Free 866-266-6010  
[www.la.amhealthplans.com](http://www.la.amhealthplans.com)

Healthy Blue (H1947) Special Needs Plan  
Toll free 855-593-0912  
[www.shop.healthybluel.com/medicare](http://www.shop.healthybluel.com/medicare)

Humana Gold Plus (H1951; H5216) Special Needs Plans  
Toll Free 800-833-2364  
[www.humana.com/medicare](http://www.humana.com/medicare)

Peoples Health Choices (H1961) Special Needs Plan  
Toll Free 888-834-3731  
[www.peopleshealth.com](http://www.peopleshealth.com)

UnitedHealthcare (H5008; H1889) Special Needs Plans  
Toll Free 888-834-3721  
[www.uhccommunityplan.com](http://www.uhccommunityplan.com)

Wellcare Health Plan (H2491) Special Needs Plan  
Toll Free 844-917-0175  
[www.wellcare.com/medicare](http://www.wellcare.com/medicare)

### Medicare Supplement Plans/MediGAP

A Medicare supplement plan or policy (also known as MediGAP plan or policy) covers patient-responsible amounts of Medicare benefits. The following offer Medicare supplement plans for Louisiana residents according to [www.medicare.gov](http://www.medicare.gov) and Louisiana State Department of Insurance as of 1/31/2025. Other plans may be available by calling 1-800-633-4227. (TTY: 1-877-486-2048). Visit [www.medicare.gov](http://www.medicare.gov) to compare plans.

If you did not receive a copy of "Medicare and You 2025 Handbook" mailed to your home, call 1-800-633-4227 or email [medicareandyou@cms.hhs.gov](mailto:medicareandyou@cms.hhs.gov) to request a copy.

For personalized health insurance counseling for residents of Louisiana, please call the SHIIP program at 1-800-259-5300 and also you can obtain information about insurers and they can provide Louisiana residents with information on the premium rates of Medicare Supplement Plans being offered in the Louisiana. Please be aware that some supplement plans are not applicable in certain parishes in Louisiana.

AARP Medicare Supplement Plans  
United Healthcare Insurance Company  
888-378-0849  
[aarpmedicaresupplement.com](http://aarpmedicaresupplement.com)



Ace Property and Casualty Insurance Company 215-640-1000 <a href="http://chubb.com/microsites/ace-medicare-supplement.html">chubb.com/microsites/ace-medicare-supplement.html</a>	Federal Life Insurance Co. 800-960-1390 <a href="http://www.federallife.com">www.federallife.com</a>	Mutual of Omaha Insurance Company 855-977-6312 <a href="http://www.mutualofomaha.com/Medicaregov">www.mutualofomaha.com/Medicaregov</a>	State Farm Mutual Automobile Insurance 800-782-8332 <a href="http://www.statefarm.com/insurance/health/medicare-supplemental">www.statefarm.com/insurance/health/medicare-supplemental</a>
Allstate Health Solutions 866-576-2956 <a href="http://www.natgenhealth.com">www.natgenhealth.com</a>	Globe Life & Accident Insurance Company 888-678-3403 <a href="http://www.globecaremedsupp.com">www.globecaremedsupp.com</a>	Nassau Life Insurance Company 860-403-5000 <a href="http://www.nsre.com">www.nsre.com</a>	Transamerica Life Insurance Company 866-205-9120 <a href="http://www.transamerica.com">www.transamerica.com</a>
American Home Life Insurance Company 866-794-1884 <a href="http://www.amhlifeco.com">www.amhlifeco.com</a>	Humana Achieve 888-602-7443 <a href="http://www.humana.com/medicare">www.humana.com/medicare</a>	Philadelphia American Life Insurance Company 877-417-7555 <a href="http://www.neweralife.com">www.neweralife.com</a>	United Insurance Company of America 800-654-9106 <a href="http://www.reservenational.com/products/medicare_supplement_insurance.aspx">www.reservenational.com/products/medicare_supplement_insurance.aspx</a>
American Benefit Life Insurance Company 833-504-0331 <a href="http://www.lbig.com">www.lbig.com</a>	Humana Insurance Company 800-457-4708 <a href="http://www.humana.com/medicare">www.humana.com/medicare</a>	Physicians Select Insurance Company 800-325-6300 <a href="http://www.physiciansmutual.com/web/medsupp?redirect=physiciansmutual.com%2Fmeds">www.physiciansmutual.com/web/medsupp?redirect=physiciansmutual.com%2Fmeds</a>	United American Insurance Company 800-331-2512 <a href="http://www.UnitedAmerican.com">www.UnitedAmerican.com</a>
Aetna Health Insurance Accendo Insurance Company 800-358-8749 <a href="http://www.aetnamedicare.com">www.aetnamedicare.com</a>	LifeShield National Insurance Company 800-851-5041 <a href="http://www.lifeshieldnational.com">www.lifeshieldnational.com</a>	Puritan Life Insurance Company of America 888-474-9519 <a href="http://www.puritanlifeinsurance.com">www.puritanlifeinsurance.com</a>	United States Fire Insurance Company 973-490-6600 <a href="http://www.cfins.com">www.cfins.com</a>
Bankers Fidelity Assurance Company 866-458-7504 <a href="http://www.bankersfidelity.com">www.bankersfidelity.com</a>	Manhattan Life Assurance Company 800-877-7703 <a href="http://www.manhattanlife.com/Seniors/Medicare-Supplement">www.manhattanlife.com/Seniors/Medicare-Supplement</a>	SBLI USA Life Insurance Company 800-848-5433 <a href="http://www.prosperitylife.com/medicare-supplement-insurance">www.prosperitylife.com/medicare-supplement-insurance</a>	USAA Life Insurance Company 800-531-8722 <a href="http://www.usaa.com">www.usaa.com</a>
Blue Cross Blue Shield of LA 800-258-3365 <a href="http://www.bcbsla.com">www.bcbsla.com</a>	MedMutual Protect 800-654-9106 <a href="http://www.medmutualprotect.com/Individual">www.medmutualprotect.com/Individual</a>	Washington National Insurance Company 800-621-3724 <a href="http://www.washingtonnational.com/">www.washingtonnational.com/</a>	
Cigna National Health Insurance Company 855-891-9368 <a href="http://www.cigna.com/medicare-supplemental">www.cigna.com/medicare-supplemental</a>	Medico Insurance Company 800-228-6080 <a href="http://www.gomedico.com">www.gomedico.com</a>		

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Wellcare (Centene)  
866-527-0056  
www.wellcare.com/medicare

Woodmen of The World Life  
Insurance Society  
800-894-1317  
www.woodmenlife.org/  
insurance/medicare-  
supplement-insurance/

## Miscellaneous Financial Institutions

**Carter Credit Union**  
8988 Ellerbe Road  
Shreveport, LA 71106  
318-864-9964  
www.carterfcu.org

Carter Credit Union was chartered for the purpose of improving the financial well-being of its members and this continues to be our top priority. It has currently over 50,000 members strong with

assets topping \$520 million. Carter now serves people from coast-to-coast, and offers every product and service that your local bank offers.

**Red River Credit Union  
(Bossier)**  
2709 Old Minden Road  
Bossier City, LA 71112  
903-735-3000  
www.rrcu.com

Founded in 1943, Red River Credit Union has grown to over 121,000 members and assets exceeding \$1.47 billion. With branches in northern Louisiana, northeastern Texas, Arkansas, northern Mississippi, and southeastern Oklahoma, we also offer virtual access to financial services and lending nationwide. We are here for you in all stages of life.

## Financial Services

A financial consultant prepares financial plans for clients. Some assess every aspect of an individual's financial life - including savings, investments, insurance, taxes, retirement, and estate planning - and help develop a detailed strategy for meeting financial goals.

Cornerstone Financial  
Services, LLC  
318-221-8888

Evans Financial Group  
318-629-4852

Executive Financial Group  
318-795-0660

JPJ Investments  
318-222-8999

McDaniel Financial  
318-798-9022

S.A.F.E. Planning, Inc.  
318-869-3133

Serio Financial Services  
318-221-0889

Williams Financial Advisors  
318-798-1112

## Home Services

**AC Duct Cleaners**  
318-218-0770

AC Duct Cleaners can rid your home of dust and help you to breathe healthier, too. In appreciation to all medical personnel, military personnel, and senior citizens, we offer a 10% discount. Call us for your free estimate at 318-218-0770

## Senior Discounts

The following discounts are subject to change and

### BE A MEDICARE HERO

Help protect your loved ones from  
Medicare fraud & scams

#### SHARE SMP'S MESSAGE TO PREVENT - DETECT - REPORT

- **GUARDING THEIR CARD** - Remind them that they should never give their Medicare number to a stranger. Let them know that Medicare will not call them to ask for their Medicare number.
- **REVIEW THEIR MEDICARE SUMMARY NOTICE (MSN) AND EXPLANATION OF BENEFITS (EOB)** - Use a health care journal or calendar to compare the services they received to the services that were billed to Medicare. Check for medical appointments they did not attend or services they did not receive.
- **REPORT SUSPECTED FRAUD** - Has your loved one received unsolicited Durable Medical Equipment (DME) such as braces, diabetic supplies or urinary catheters? Or have they received a Genetic Testing Kit (cheek swab) in the mail? This could indicate that they have been the victim of a Medicare scam. Encourage your loved ones to report suspicious charges on their Medicare statements. Call SMP if they have given out their Medicare information over the phone.



877-272-8720



WWW.STOPMEDICAREFRAUD.ORG

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may not be valid in all locations. Some discounts require proof of age or an association membership card. The following are tips:

1. Ask for senior discounts while shopping;
2. Ask the merchant to match the senior discount for the same or similar product/service that might be offered by another business;
3. Keep this list of senior discounts handy for easy reference;
4. Join a senior membership association who offer senior discounts as one of its benefits, such as AARP, Association of Mature American Citizens (AMAC), or American Seniors Association (ASA).
5. Visit the following websites that offer additional discounts and free merchandise:

- [www.thefreesite.com](http://www.thefreesite.com)
- [www.trashnothing.com](http://www.trashnothing.com)
- [www.ilft.com](http://www.ilft.com)
- [www.womenfreebies.com](http://www.womenfreebies.com)
- [www.sweetfreestuff.com](http://www.sweetfreestuff.com)
- [www.bzzagent.com](http://www.bzzagent.com)
- [www.ofree.net](http://www.ofree.net)
- [www.joinhoney.com](http://www.joinhoney.com)
- [www.befrugal.com](http://www.befrugal.com)
- [www.rakuten.com](http://www.rakuten.com)
- [www.ibotta.com](http://www.ibotta.com)
- [www.freecycle.org](http://www.freecycle.org)

### Entertainment

- Casinos: Contact each casino directly to obtain details about senior and boomer specials.
- Cinemark/Tinseltown Theaters: Senior, Discount and Early Bird days with discounted tickets for certain movies at certain locations.
- Regal Cinemas: discounted E-premier tickets purchased online for AARP

members age 55+

### Grocery Stores

- Brookshire's: 5% off every Tuesday (age 55+)

### Lodging

The following hotel chains offer discounts from 5% to 20% when providing your AARP membership number or showing your AARP card when making online reservations or upon registration at the hotel property. Visit [www.aarp.com/membership/benefits/hotels](http://www.aarp.com/membership/benefits/hotels) or the hotel websites to learn more. Discounts are subject to change.

- America Inn® by Wyndham
- Ascend Hotel Collection
- Atwell Suites
- Avid Hotels
- Baymont® by Wyndham
- Best Western Hotels & Resorts
- Best Western Plus, Premier and Premier Collection
- Cambria Hotels
- Canopy by Hilton
- Choice Hotels
- Clarion and Clarion Pointe Hotels
- Comfort Inn and Suites
- Conrad Hotels & Resorts®
- Country Inn & Suites® by Radisson
- Curio Collection by Hilton™
- Crowne Plaza Hotels and Resorts
- Curio Collection by Hilton
- Days Inn® by Wyndham
- Dazzler® by Wyndham
- Dolce® by Wyndham
- DoubleTree by Hilton™
- Econo Lodge
- Embassy Suites by Hilton™



- Esplendor® Boutique Hotels by Wyndham
- Even Hotels
- Everhome Suites
- Executive Residency by Best Western®
- Extra Holidays
- Glo®
- Hampton by Hilton™
- Hawthorn Suites® by Wyndham
- Hilton Hotels & Resorts, Garden Inn and Grand Vacations
- Holiday Inn, Holiday Inn Express, Holiday Inn Club Vacations
- Home2 Suites by Hilton
- Hometowne Studios by Red Roof
- Homewood Suites by Hilton™
- Hotel Indigo
- Howard Johnson® by Wyndham
- Hualuxe Hotels and Resorts
- IHG Hotels and Resorts
- InterContinental Hotels and Resorts
- Karisma Hotel and Resorts
- Kimpton Hotels and Resorts
- La Quinta® by Wyndham
- LXR hotels
- MainStay Suites
- Microtel® by Wyndham
- Motel 6
- Motto by Hilton
- Park Inn® by Radisson
- Park Plaza®
- Quality Inn
- Radisson® Hotels, Blue and Red
- Ramada® by Wyndham
- Red Collection
- Red Roof Inn and Plus
- Regent Hotels and Resorts
- Rodeway Inn
- Signia by Hilton
- Sleep Inn
- Staybridge Suites
- Studio 6
- Suburban Extended Stay Hotel
- Super 8® by Wyndham
- SureStay Collection® by Best Western, SureStay Hotel® by Best Western and Plus® Hotel by Best Western
- Tapestry Collection by Hilton
- The Red Collection
- Trademark® Collection by Wyndham
- Travelodge® by Wyndham
- Tru by Hilton®
- TRYP® by Wyndham
- Vib®
- Voco
- Waldorf Astoria® Hotels & Resorts
- Wingate® by Wyndham



- Wyndham Garden®, Grand® and Hotels & Resorts
- Wyndham®

### **Restaurants**

- Applebee's -- 10-15% off (varies by location) may require golden apple card (60+)
- Bonefish Grill – 10% senior discount using AARP membership card
- Bubba Gump Shrimp Co. – 10% senior discount using AARP membership card
- Carrabba's Italian Grill– 10% senior discount using AARP membership card
- Cinnabon – 10% senior discount using AARP membership card
- Chart House – 10% senior discount using AARP membership card
- Chick-Fil-A - 10% off or free small drink or coffee (55+), depending on location
- Chili's - 10% off for persons 55+ but discount varies by location
- Corner Bakery Café – 10% senior discount using AARP Membership card
- Denny's – 15% senior discount using AARP membership card
- Doordash - 25% off your first order of \$15 or more using AARP membership card
- Ernest's Orleans Restaurant in Shreveport – Wednesday night SpeakEasy discounted dinners (only available during certain months)
- Ernest's Orleans Restaurant in Shreveport– Thursday night *The Best of Times* discounted dinners (only available during certain months)
- Golden Corral Restaurants - 10% off for seniors (62+), but varies by location
- IHOP - Special Senior meals at discounted prices (55+)
- Joe's Crab Shack – 10% senior discount using AARP membership card
- KFC - Free small drink with any meal (55+), varies by location
- Landry's Inc. Restaurants – 10% senior discount using AARP membership card
- Long John Silver's – offers discounts to seniors but varies by location
- McCormick & Schmick's– 10% senior discount using AARP membership card
- McAlister's Deli – 10% senior discount using AARP membership card
- McDonalds -- discounts on coffee for senior citizens, but varies by location
- Moe's Southwest Grill – 10% senior discount with AARP membership card
- The Oceanaire Seafood Room– 10% senior discount using AARP membership card
- Outback Steakhouse– 10% senior discount using AARP membership card
- Papa Johns – 20% off regular menu prices on online orders using AARP membership card
- Pei Wei Asian Kitchen - \$5 off purchase of \$25 or more using AARP membership card
- Popeye's Louisiana Kitchen – offers 10% discount to seniors 55+ at various locations
- Rainforest Café– 10% senior discount using AARP

membership card

- Saltgrass Steak House– 10% senior discount using AARP membership card
- Schlotzsky's – 10% senior discount using AARP membership card
- Sonic - 10% off or free beverage (60+) varies by location
- Subway - Free small drink or 10% off at selective locations (60+)
- Taco Bell - 5% off or free beverages (65+) at selective locations
- Waffle House - 10% off on Mondays for persons 60+ at selective locations
- Wendy's - Free drink with purchase (62+), but varies by location

### **Retail**

- Ancestry Services – 30% discount using AARP membership card
- AT&T -- \$10 off per line per month on AT&T unlimited Premium PL Plan with AARP card
- Consumer Cellular – 5% off monthly services for AARP members
- Kohl's –15% off online purchase of \$100 or more with AARP membership card
- Valvoline Oil Change center – 15% discount using AARP Membership card
- Verizon Services – offer plans for persons 55 and older
- Walgreens – Discount card for savings and link your AARP member card for more benefits

### **Transportation**

- Amtrak Rail service - 15% discount on the lowest available rail fare for persons 62+
- Avis Car Rental - Up to

30% off for AARP members (55+) (800-331-1800)

- British Airways – senior discount with AARP card
- Budget Rental Cars - up to 30% off for AARP member (55+) (800-733-9092)
- Explorations by Collette Tours --senior discount with AARP card
- Grand European Travel--senior discount with AARP card
- Holland American Lines – up to \$200 onboard credit on select cruises with AARP card
- PayLess Car Rental – 5% off base rates with AARP card
- Vacations by Rail --senior discount with AARP card

## **Senior Housing Options**

### **Active Adult Living Subdivisions**

Willow Lake Adult Community (55+)  
103 Willow Lake Blvd  
Bossier City, LA 71111  
318 -747-3212

### **Assisted Living Facilities**

Housing, support services and health care designed to meet the needs of those who require help with activities of daily living, but wish to remain as independent as possible. An intermediate level of care between independent living and nursing homes for those who are not able to care for themselves, but do not require constant care. Assists residents with personal care, such as: bathing, dressing, toileting, eating, grooming, and medication assistance.

# A VOICE FOR THOSE IN *long-term care.*

The Louisiana Ombudsman Program can help exercise the rights of residents living in long-term care facilities.

**Services are free & confidential.**

Contact your local ombudsman with problems concerning:



**Finances**



**Visitors**



**Residents' Rights**



**Care Concerns**



**Food**



**Activities**

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***Caddo Council on Aging***  
**318-676-7900**



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well  
spent.***



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**516 E. Flourney Lucas**  
**Road**  
**Shreveport, LA 71115**  
**318-797-2408**

Our one-story senior living community is close to shopping, neighborhoods, churches, hospitals, and a police and fire station, providing security, convenience, and a small-town feel in a larger community for our residents, family members, and staff partners. We provide assisted living and independent living services.

Bloom at Bossier  
 4828 Medical Drive  
 Bossier City, LA 71112  
 318-746-0470

Brookdale Shreveport  
 7110 University  
 Shreveport, LA 71105  
 318-524-2100

Brookdale Bossier City  
 2540 Beene Boulevard  
 Bossier City, LA 71111  
 318-747-2114

Montclair Park Assisted  
 Living  
 9100 East Kings Highway  
 Shreveport, LA 71115  
 318-797-1114

**Savannah at The Oaks**  
**600 East Flourney Lucas**  
**Road**  
**Shreveport, LA 71115**  
**318-212-6257**  
**[www.wkhs.com](http://www.wkhs.com)**

Residents have a unique opportunity to experience the individualized and special attention when some assistance with daily activities is needed or desired. Spacious studio, one-bedroom and two-bedroom apartments provide flexible options.

More than a place of luxury and serenity, Savannah at The Oaks offers residents a wide range of activities to appeal to virtually every interest.

Savannah Grand Assisted  
 Living  
 4770 Brandon Blvd  
 Bossier City, LA 71111  
 318-549-1001

**The Blake at Bossier City**  
**2000 Blake Boulevard**  
**Bossier City, LA 71111**  
**318-752-6611 or**  
**318-532-4289**  
**[www.blakeseniorliving.com/senior-living/la/bossier-city/blake-blvd/](http://www.blakeseniorliving.com/senior-living/la/bossier-city/blake-blvd/)**

Discover the essence of joy at The Blake at Bossier City. Warm, sophisticated, and brimming with charm, our family-owned senior living community in Bossier City, Louisiana, provides a luxury

experience for an exceptional value. Delivering comfort and style, our pet-friendly Assisted Living and Memory Care residences include a host of amenities for vibrant living.

The Gables at Spring Lake  
 8622 Line Avenue  
 Shreveport, LA 71106  
 318-861-2266

**Independent Living**  
**Communities**

Independent living communities provide seniors with the opportunity to experience as much freedom as they choose in a secure setting. They are designed for those who are relatively physically and socially independent. The major benefits are maintenance free living, socialization opportunities and numerous activities. Other



Dr Charles and Alyce Byrd

**It is Never to Late to Live your Life in Fullness...**  
**We love Brain Training at LearningRx to Keep our Brains Learning!**



**| 8856 Youree Dr., Suite D • Shreveport • 318.797.8523**



amenities may include house-keeping services, pest control, apartment maintenance, parking, utilities, cable television, transportation and one or more meals served in a common dining area. These communities do not provide custodial or medical care. Costs are covered by the individual.

**Azalea Estates of Shreveport**  
**516 E. Flourney Lucas**  
**Road**  
**Shreveport, LA 71115**  
**318-797-2408**

Our one-story senior living community is close to shopping, neighborhoods, churches, hospitals, and a police and fire station, providing security, convenience, and a small-town feel in a larger community for our residents, family members, and staff partners. We provide assisted living and independent living services.

**Garden Apartments at the Oaks**  
**600 East Flourney Lucas Rd.**  
**Shreveport, LA 71115**  
**318-212-2000**  
**[www.oaksofla.com](http://www.oaksofla.com)**

Garden Apartments at The Oaks offers 119 garden apartments, all on one level with many overlooking a lake and most with parking just outside the door. A number of studio and one-bedroom garden apartments with interior access to the Alta and John Franks Community Centre also available.

Redbrook Independent Living  
 403 East Flourney Lucas Road  
 Shreveport, LA 71115  
 318-798-3500

Stiles Apartments  
 403 East Flourney Lucas Road  
 Shreveport, LA 71115  
 318-798-3500

**Summerfield Estates**  
**9133 Baird Road**  
**Shreveport, LA 71118**  
**318-688-9525**  
**[www.holidayseniorliving.com/retirement-communities/holiday-summerfield-estates-shreveport-la](http://www.holidayseniorliving.com/retirement-communities/holiday-summerfield-estates-shreveport-la)**

At the Holiday Summerfield Estates, residents get involved in a social setting that promotes their health and independence. Residents living here enjoy everything that's available in Shreveport. Local shopping, restaurants, activities are nearby as well as options for physicians and hospitals in case of emergencies. Our community is focused on serving each resident's individual needs and choices. We offer services that celebrate the people we serve, helping stay independent and make their own choices. Our commitment is reflected in the dedication of our staff offering a higher level of services and a better quality atmosphere to live in.

**Tower at The Oaks**  
**600 East Flourney Lucas Rd**  
**Shreveport, LA 71115**  
**318-212-6257**  
**[www.oaksofla.com](http://www.oaksofla.com)**

Offers 124 residences for active adults, age 55+, a first-

of-its kind for Shreveport. The Tower is nestled in a park-like setting surrounded by beautiful vistas – trees, water, walking trails and spacious lawns. The luxurious multistory building is the nucleus of a concierge community with resort amenities such as flexible dining options and a spa and wellness center.

Waterview Court  
 2222 East Bert Kouns  
 Shreveport, LA 71105  
 318-524-3300

**Nursing Homes and Rehabilitation Centers**

Residence for people who require constant nursing care and have significant deficiencies with activities of daily living. In addition to skilled nursing services and certified nursing assistant services, the resident can receive physical, occupational, speech, and other rehabilitative therapies. Nursing homes that participate in the Medicare and Medicaid programs are subject to federal requirements. Medicare covers nursing home services for 20 to 100 days for beneficiaries who require skilled nursing care or rehabilitation services following a hospitalization of at least 3 consecutive days. Visit [medicare.gov](http://medicare.gov) to compare area Medicare certified skilled nursing facilities.

Booker T. Washington Nursing Home  
 7605 Line Avenue  
 Shreveport, LA 71106  
 318-219-2688

Bradford Guest Care Center  
 3050 Baird Road  
 Shreveport, LA 71118  
 318-688-1010

Claiborne Healthcare Center  
 1536 Claiborne  
 Shreveport, LA 71103  
 318-631-3426

Colonial Oaks Guest Care Center  
 4921 Medical Drive  
 Bossier City, LA 71112  
 318-742-5420

Cypress Point Nursing and Rehabilitation Center  
 2901 Douglas  
 Bossier City, LA 71111  
 318-747-2700

Garden Court Nursing Home  
 4405 Airline Drive  
 Bossier City, LA 71111  
 318-747-5440

Garden Park Nursing Home and Rehabilitation Center  
 9111 Linwood  
 Shreveport, LA 71106  
 318-688-0961

Guest Care Center at Spring Lake  
 8622 Line Avenue  
 Shreveport, LA 71106  
 318-868-4126

Harmony House Nursing Home  
 1825 Laurel Street  
 Shreveport, LA 71103  
 318-424-5251

**Health Center at Live Oak**  
**600 East Flourney Lucas Rd**  
**Shreveport, LA 71115**  
**318-212-6257**

Multifaith health center serving seniors since 1982. Medicare skilled nursing



services with semi-private and private rooms available.

Heritage Manor - South  
9712 Mansfield Road  
Shreveport, LA 71118  
318-687-2080

Heritage Manor of Bossier  
City  
2575 Airline Drive  
Bossier City, LA 71111  
318-746-7466

Heritage Manor Stratmore  
530 Stratmore Drive  
Shreveport, LA 71105  
318-524-2202

Heritage Manor West  
7060 Cottonwood Blvd  
Shreveport, LA 71129  
318-686-1400

**Highland Place**  
**1736 Irving Place**  
**Shreveport, LA 71101**  
**318-221-1983**

Highland Place of Shreveport is "Caring from the heart". Our staff is available 24 hours a day to assist you or your loved in transitioning to our facility. Our facility offers 24-hour skilled nursing in our short-stay Medicare rehabilitation unit. We have a registered respiratory

therapist, full time wound care team, and other health care professionals on staff to provide needed specialty services.

Landmark Nursing Center  
9105 Baird Road  
Shreveport, LA 71118  
318-688-6691

Magnolia Manor Nursing and Rehabilitation Center  
1411 Claiborne Avenue  
Shreveport, LA 71103  
318-868-4421

Old Brownlee Community Care Center  
469- Old Brownlee Road  
Bossier City, LA 71111  
318-553-5950

Pierremont Healthcare Center  
725 Mitchell  
Shreveport, LA 71106  
318-868-2789

Pilgrim Manor Guest Care  
1524 Doctors Drive  
Bossier City, LA 71111  
318-742-1623

Riverview Care Center  
4820 Medical Drive  
Bossier City, LA 71112  
318-747-1857

Roseview Nursing Center  
3405 Mansfield Road  
Shreveport, LA 71103  
318-222-3100

Southern Oaks Nursing and Rehabilitation Center  
1524 Glen Oaks Place  
Shreveport, LA 71103  
318-221-0911

Southern Hills Healthcare & Rehabilitation  
9105 Baird Rd  
Shreveport, LA 71118  
318- 688-6691

Shreveport Manor Guest Care Center  
3302 Mansfield Road  
Shreveport, LA 71103  
318-222-9482

The Guest House  
9225 Normandie Drive  
Shreveport, LA 71118  
318-686-0515

Veterans Nursing Home  
3130 Arthur Ray Parkway  
Bossier City, LA 71112  
318-741-2763

Village Health Care at the Glen  
403 E. Flournoy Lucas Road  
Shreveport, LA 71115  
318-798-3500

**WK Progressive Care Center**  
**2715 Albert Bicknell Dr.**  
**Shreveport, LA 71103**  
**318-212-8200**

Willis-Knighton Progressive Care Center offers comprehensive 24 hour nursing, in-house rehabilitation services, infusion therapy, and wound care with private and semi-private rooms.

**Willis-Knighton Extended Care Center**  
**2550 Kings Highway**  
**Shreveport, LA 71103**  
**318-212-6820**

Willis-Knighton Extended Care Center offers specialized rehabilitation care for patients requiring extended care treatments.

### **Senior Apartments**

Usually age-restricted 55+ or 62+ and follow HUD regulations. If 55+, at least one person in the apartment must be at least 55 and the community must have no more than 20% of all residents under age 55. If 62+, all residents must be at least 62. Exceptions are made for younger renters if handicapped. Some rentals are income based and may be eligible for government subsidies.



## **Support Our Seniors!**

Your TAX-DEDUCTABLE \$100 donation provides a BIG BOX of food every month for an entire year.

## **WE NEED YOUR HELP!**

Volunteer at the FOOD BANK to **PACK** food boxes for seniors.

**(318) 675-2400**

**Food Bank of Northwest Louisiana**  
P.O. Box 65150  
Shreveport, LA 71136



Agape Canaan Towers  
Apartments  
400 N. Dale  
Shreveport, LA 71118  
318-222-4230

Arbor and Terrace  
Apartments  
4770 Brandon Blvd  
Bossier City, LA 71111  
318-549-1001

Barton Drive Manor  
1625 Barton Dr.  
Shreveport, LA 71107  
318-221-3351

Bentley Apartments  
6760 Raspberry Lane.  
Shreveport, LA 71129  
318-687-2007

Berkshire Apartments  
2120 North Hearne Ave.  
Shreveport, LA 71107  
318-221-4622

Blanchard Place Apartments  
3900 Roy Rd.  
Shreveport, LA 71107  
318-929-7359

Blanchard Seniors II Apts.  
246 Phelps Ave.  
Blanchard, LA 71009  
318-309-9111

Blanchard Seniors III Apts.  
231 N. Main  
Blanchard, LA 71009  
318-929-9117

Bridgestone I & II  
Apartments  
3852 Hwy. 171  
Gloster, LA 71030  
318-933-8594.

Brookhaven Elderly Apts.  
2705 Stanberry Dr.  
Shreveport, LA 71118  
318-687-8894

Cedar Hills Apartments  
7401 St. Vincent  
Shreveport, LA 71106  
318-861 6915

Canaan Village Apartments  
1915 Patzman St.  
Shreveport, LA 71101  
318-221-6663

Cloverdale Plaza Apartments  
2213 Shed Rd.  
Bossier City, LA 71111  
318-742-6202

Coventry Place Apartments  
4565 North Market St.  
Shreveport, LA 71107  
318-425-7913

Devonshire Apartments  
2130 N. Hearne Ave.  
Shreveport, LA 71107  
318-424-4775

Evangeline Foundation Apts.  
3875 Line Ave.  
Shreveport, LA 71106  
318-861-1177

Fair Park Terrace Apartments  
3401 Mertis Ave.  
Shreveport, LA 71109  
318-631-5502

Galilee Eden Gardens Apts.  
1500 Park Ave.  
Shreveport, LA 71103  
318-226-9734

Galilee Majestic Arms Apts.  
525 Sycamore St.  
Shreveport, LA 71103  
318-222-4810

**Garden Apartments at The Oaks**  
**600 East Flourney Lucas**  
**Shreveport, LA 71115**  
**318-212-2000**

Offering 119 garden  
apartments, all on one level  
with many overlooking a lake  
and most with parking just



outside the door. A number  
of studio and one-bedroom  
garden apartments with  
interior access to the Alta  
and John Franks Community  
Centre also are available.

Greenwood Apartments  
9224 Greenwood Road  
Greenwood, LA 71033  
318-938-1496

Greenwood Elderly  
Apartments  
8910 Greenwood Rd.  
Shreveport, LA 71033  
318-938-0038

Holy Cross Villas West  
9333 Normandie Dr.  
Shreveport, LA 71118  
318-688-8051

Jefferson Apartments  
907 Louisiana Ave.  
Shreveport, LA 71101  
318-221-7505

Jordan Square Apartments  
625 Jordan St.  
Shreveport, LA 71101  
318-227-2591

King Garden Apartments  
1510 David Raines Rd.  
Shreveport, LA 71107  
318-222-0805

Mooring Manor Apartments  
1008 Old Mooringsport Rd.  
Mooringsport, LA 71060  
318-996-6193

North Parke Apartments  
100 North Parke Drive  
Doyline, LA 71023  
318-745-2686

Northside Villa  
4585 N. Market St.  
Shreveport, LA 71101  
318-221-2876

Old Salem Village  
6725 Buncombe Rd.  
Shreveport, LA 71129  
318-687-2378

Park Place Manor  
3231 Mertis St.  
Shreveport, LA 71109  
318-635-2416

Rebel Road Apartments  
106 Rebel Rd.  
Vivian, LA 71082  
Phone: 318-375-5365

Redbrook Independent  
Living  
403 East Flourney Lucas  
Road  
Shreveport, LA 71115  
318-798-3500



Shreveport Garden Elderly  
Apartments  
235 E Stoner Ave  
Shreveport, LA 71101  
318-678-8900

South Pointe Place  
Apartments  
1133 South Pointe Parkway  
Shreveport, LA 71105  
318-212-1703

Southwood Gardens Apts.  
3550 Cedar Creek Rd.  
Shreveport, LA 71118  
318-682-4022

Southwood Square  
Apartments  
9085 Dean Road  
Shreveport, LA 71118  
318-671-1888

Spring Forest Apartments  
6759 Colquitt Rd.  
Keithville, LA 71047  
318-925-2630

Stiles Apartments  
403 East Flournoy Lucas  
Shreveport, LA 71115  
318-798-3500

The Gables at Spring Lake  
8622 Line Avenue  
Shreveport, LA 71106  
318-861-2366

The Village Apartments  
420 North Sibley  
Benton, LA 71006  
318-965-9258

**Tower at The Oaks**  
**600 East Flournoy Lucas**  
**Shreveport, LA 71115**  
**318-212-6257**

Offers 124 residences for active adults, age 55+, a first-of-its kind for Shreveport. The Tower is nestled in a park-like setting surrounded by beautiful vistas – trees, water, walking trails and spacious lawns. The luxurious multistory building is the nucleus of a concierge community with resort amenities such as flexible dining options and a spa and wellness center.

Vivian Elderly Apartments  
344 Red Bud Lane  
Vivian, LA 71082  
318-375-2454

Twin Oak Apartments  
609 Redbud Courts  
Vivian, LA 71082  
318-375-2381

Waterview Court  
2222 East Bert Kouns  
Industrial Loop  
Shreveport, LA 71105  
318-524-3300

Wellington Square Apts  
1812 Jewella Rd.  
Shreveport, LA 71109  
318-635-5867

Wilkinson Terrace Apts.  
2725 Southern Ave.  
Shreveport, LA 71104  
318-221-5286

Windsor Village Apartments  
1920 North Hearne Ave.  
Shreveport, LA 71107  
318-424-0067

Woodcrest Apartments  
100 Village Manor, #33  
Haughton, LA 71037  
318-949-1229

Yorkshire Apartments  
2020 North Hearne Ave.  
Shreveport, LA 71107  
318-424-4775

## Things to Do Attractions

Bayou Axe Company  
509 Barksdale Blvd.  
Bossier City, LA 71111  
318-588-5095  
www.bayouaxe.com

Blueberry Hill  
(pick your own)  
5121 Bellevue Road  
Haughton, LA  
318-949-4930

Gators and Friends Exotic  
Zoo  
11441 Highway 80  
Greenwood, LA 71033  
318-939-1199  
www.gatorsandfriends.com

Lenox Acres (berries)  
6501 Vardaman Road  
Keithville, LA  
318-560-7244  
www.lenox-acres.com

McKinney Hill Market/  
Farm (pick your own  
vegetables)  
6510 Camp Clara Hugh  
Road  
Hosston, LA  
318-287-3397

Morell Dairy Farm  
(dairy farm and creamery)  
4763 Hwy 169  
Mooringsport, LA  
318-309-4046  
www.morelldairyfarm.com

Saige Acres Flower Farm  
10200 Blanchard Furrh Road  
Mooringsport, LA  
318-525-6981  
www.saigeacres.com

Sanctuary Glass Studio  
421 Lake Street  
Shreveport, LA 71101  
504-390-4377  
sanctuaryglassstudio.com

There is a **real need** in the community for the service called **Meals on Wheels**. Not only is the meal **essential** to the senior, but the daily contact with the meal driver is vital to their safety and well being.

**Sometimes we have to count on each other**

**Please help support this community resource by sending a donation to**

**Meals on Wheels Program**  
**Caddo Council on Aging**

1700 Buckner Street, Suite 240  
Shreveport, Louisiana 71101

**Meals on Wheels Program**  
**Bossier Council on Aging**

706 Bearkat Drive  
Bossier City, Louisiana 71111



**Seniors riding to the rescue.**

Sci-Port Discovery Center  
IMAX Theatre  
820 Clyde Fant Parkway  
Shreveport, LA 71101  
318-424-3466  
www.sci-port.org

Shreveport Aquarium  
601 Clyde Fant Memorial  
Parkway  
Shreveport, LA 71101  
318-383-0601  
www.shreveportaquarium.  
com

Shreveport Common  
801 Crockett Street  
Shreveport, LA 71101  
318-673-6537  
shreveportcommon.com

Splash Kingdom  
7670 West 70th Street  
Shreveport, LA 71129  
318-938-5473

Stage Center  
5300 Barksdale Blvd  
Bossier City, LA 71112  
318-218-9978  
www.stagecenterla.com

State Fair of Louisiana  
3701 Hudson St.  
Shreveport, LA 71109  
318-635-1361  
www.statefairloisiana.com

Surge Entertainment Center  
2950 East Texas Street  
Bossier City, LA 71111  
318-746-3727  
www.surgefun.com/

### **Clubs and Organizations**

Air Force Assn., Chap. 159  
318- 965-2057

American Legion Post #14  
5315 South Lakeshore Drive  
Shreveport, LA 71119  
318- 636-9276

www.TheBestOfTimesNews.com

**AARP of Louisiana**  
**866-448-3620**  
**225-376-1144**

**AARP Shreveport Chapter**  
**#3832**  
**7881 Jefferson Paige Road**  
**Shreveport, LA 71119**  
**318-218-7398**

**AARP Rose City Chapter**  
**#3568**  
**1204 Crabapple**  
**Shreveport, LA 71118**  
**318-423-1876**

ArkLaTex Genealogical  
Association  
P. O. Box 4463  
Shreveport, LA 71134

Ark La Tex Ambassadors  
318-865-5555

Bossier Retired Teachers  
Association  
318-326-4896

Broadmoor Masonic Lodge  
318-868-5442

Caddo Retired Teachers  
Assn. Association  
318-798-6639

Caddo-Bossier Retired  
Teachers  
318- 631-3418

Caddo Lake Institute  
318-677-2516

Cross Lake Dance Club  
318-458-7746

El Karubah Shrine Temple  
318-631-1594

Elks Club and Lodge No.  
122  
318-868-5301

Friends of Genealogy, Inc.  
318- 742-3809

GENCOM – The Computer  
Genealogy Group  
318-773-7406

Hispanic Heritage  
Association of NWLA  
318-510-8187

Knights of Columbus  
318-742-3665

Krewe of Atlas  
318-349-9654

Krewe of Centaur  
318-393-8560

Krewe of Elders  
318-925-3914

Krewe of Gemini  
318-741-9264

Krewe of Highland  
318-402-1132

Lions Club of Bossier City  
318-747-9444

Loyal Order of Moose  
318-688-6733

Masonic Lodge #384 F &  
AM  
318-746-4916

National Association of  
Retired Federal Employees  
318-742-5092

National Association of  
Retired Federal Employees  
318-671-1714

National Association of  
Retired Federal Employees  
318-865-6730

North Louisiana Chapter of  
Romance Writers of America  
318-426-4126



North Louisiana Fly Fishers  
318-469-0854

NW Louisiana Medical  
Society  
318-675-7656

NW Louisiana Senior  
Olympic Games, Inc.  
318 - 658-3811

Petroleum Club of  
Shreveport  
318-425-4251

River Cities Corvette Club  
318-688-5037

Ronald McDonald House of  
North Louisiana  
318-840-9100

Rotary Club of Shreveport  
318-505-3951

Senior's Club  
318-635-0010

Shreveport Bossier Dance  
318- 588-7222

Shreveport Bridge  
Association, Unit #170  
7625 East Kings Highway  
Shreveport, LA 71105  
bridgewebs.com/shreveport/

Shreveport Garden Club  
318-286-3526

Shreveport Green  
318-219-1888

Shreveport Soaring Club  
318-773-2243

Shreveport Symphony Guild  
318-218-1874

Shreveport Yacht Club  
318-631-7417

Southern Hills Business Association  
318-687-7808

Southern Swinger Square Dance Club  
318- 469-3183

Southern Trace Country Club  
318-798-8300

The Red Hat Society, Inc.  
866-386-2850

The Shreveport Club  
318-221-0618

The Tarshar Society of Shreveport  
318-525-5588

Union Masonic Board  
318- 631-9818

Woman's Department Club  
318- 222-4186 or  
318-734-5958

**Entertainment**

Brookshires Entertainment Center  
2000 CenturyLink Center Dr.  
Bossier City, LA 71112  
318-747-2501  
brookshiregroceryarena.com

Cinemark Tinseltown Movie Theatre  
8400 Millicent Way  
Shreveport, LA 71115  
318-798-6488  
www.cinemark.com/theatres/la-shreveport/cinemark-tinseltown-and-xd

Sweet Caroline's Dueling Piano Bar  
360 Boardwalk Blvd  
Bossier City, LA 71111  
318-599-2759

East Bank Theatre and Gallery  
630 Barksdale Blvd  
Bossier City, LA 71111  
318-741-8310  
www.bossierarts.org

Emmett Hook Performing Arts  
550 Common Street  
Shreveport, LA 71101  
318-429-6887

Laugh Out Loud Comedy Club  
618 Commerce Street  
Shreveport, LA 71101  
318-353-1600  
www.lolshreveport.com

Louisiana Grandstand  
802 Margaret Place  
Shreveport, LA 71101  
318-734-5959  
louisianagrandstand.com

Marjorie Lyons Playhouse  
2911 Centenary Blvd.  
Shreveport, LA 71104  
318-869-5242  
www.centenary.edu/campus-community/marjorie-lyons-playhouse/

Regal Movie Cinema at the Boardwalk  
2 River Colony Drive  
Bossier City, LA 71111  
844-462-7342

www.regmovies.com/theatres/regal-louisiana-boardwalk-imax

River City Repertory Theatre  
2829 Youree Drive, Suite 4  
Shreveport, LA 71104  
318-868-5888

Shreveport Little Theatre  
812 Margaret Place  
Shreveport, LA 71101  
318-424-4438  
shreveportlittletheatre.com

Shreveport Metropolitan Ballet  
P. O. Box 7745  
Shreveport, LA 71137  
318-221-8500  
shreveportmetroballet.org

Shreveport Opera  
212 Texas, Suite 101  
Shreveport, LA 71101  
318-227-9503  
www.shreveportopera.org

Shreveport Symphony Orchestra  
616 Jordan Street  
Shreveport, LA 71101  
318-227-8863;  
318-222-7496  
shreveportsymphony.com

Stage Center  
5300 Barksdale Blvd  
Bossier City, LA 71112  
318-218-9978  
www.stagecenterla.com

State Fair of Louisiana  
3701 Hudson St.  
Shreveport, LA 71109  
318-635-1361  
www.statefairloflouisiana.com

Strand Theatre  
619 Louisiana  
Shreveport, LA 71101  
318-226-1481  
www.thestrandtheatre.com

The Robinson Film Center  
617 Texas Street  
Shreveport, LA 71101  
318-424-9090  
www.robinsonfilmcenter.org

**Festivals and Events**

318 Restaurant Week  
www.318restaurantweek.com  
Held during May of each year.

ArtBreak  
www.shrevearts.org  
Held in April. Witness first-hand the results of quality Fine Arts instruction and Arts in Education programming.

Artini  
www.bossierarts.org  
Held in June. Live music, visual art, martinis, and socializing served with a twist.

Barksdale Defenders of Liberty Air Show  
www.barksdaleafbairshow.com  
Held in March. Featuring displays of the latest, as well as historic, military, and civilian aircraft and other related performers.

Believe! Lights the Night  
www.shreveportaquarium.com  
Held in December. The ultimate interactive magical Christmas journey. Receive a magic motion-activated Christmas wand that turns on lights, makes music, lights a fireplace, jingles bells and more as you venture through the aquarium.



Benton Christmas on the Square & Parade  
bentonchristmasonthesquare.com

Held in early December. Shopping booths are located around Heritage Village Square with paved streets, historical buildings open for tour, live entertainment on two stages, and varied kids activities.

Bossier City Farmers Market  
bossiercityfarmersmarket.com

Each Saturday from April through November from 9 am to 1 pm. Features fresh produce, crafts, food items, live music, and children's activities.

BREW – a Premier Beer Tasting Festival  
www.shreveportbrew.com

Experience an October afternoon sampling over 100 internationally acclaimed and domestically micro-brewed ales, pilsners, and stouts. Features live music, college football games, and delicious samples of signature dishes from Shreveport's most popular restaurants.

Christmas in Roseland  
www.christmasinroseland.org

The American Rose Center is transformed into a whimsical winter wonderland from the day after Thanksgiving until the weekend before Christmas. Featuring thousands of twinkling lights, dozens of lighted displays, giant Christmas Cards, nightly entertainment, photos with Santa, and tons of fun!

Christmas on Caddo  
Fireworks Festival  
christmasoncaddofireworks.com

Held in December. Featuring s local entertainment, concessions, family fun, and fireworks over Caddo Lake.


CORK – Red River  
Revel Wine Event;  
corkwinefestival.com  
First week of April. Receive a signature CORK wine glass and spend the afternoon socializing and tasting from a selection of over 100 wines and impeccable bites from local eateries. Live music, raffle drawings, and fun!

Country Christmas Festival  
www.townofvivan.us  
Held in December. A Victorian country Christmas festival with entertainment, food, wine garden, crafts, and shopping.

DixieMaze Fall Festival  
www.dixiemaze.com  
Held in October. Includes a corn maze, pumpkin patch, haunted attractions, hayrides.

Geek'd Con  
www.geekdcon.com  
Held in August. One of the premiere comic con style events in the state while also bringing in Rock & Roll Hall of Fame members, Star Wars icons, Pro Wrestling Hall of Fame members, and horror movie legends.

Heritage and Harvest Tour  
redrivercrossroadshistorical.org  
Held in October. Spend a day in the country exploring the history and culture of the region. Cruise past historic



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**Balentine Ambulance and /Medical Transportation, Inc. was founded in 1978 by Mr. Ralph Balentine. He was committed to helping the residents in the Shreveport/Bossier Metroplex and has never strayed from the place he calls home. The employees today still follow in Mr. Balentine's footsteps by providing quality services for our patients.**

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*In 2025, the 47<sup>th</sup> anniversary of our company's founding, we pledge to reaffirm our slogan with every call: "Caring - A Family Tradition."*

homes and farms as well as other points of interest.

#### Highland Jazz and Blues Festival

[highlandjazzandblues.org](http://highlandjazzandblues.org)

Held in September in the historic Columbia Park. This FREE annual event features local and national jazz and blues artists, great food, and local artwork.

#### Independence Bowl

Late December. A post-season NCAA sanctioned Division I college football game with many other events the week before the game.

#### KTBS 3 Independence Day Festival

[www.ktbs.com](http://www.ktbs.com)

Held on July 4th. Festival Plaza will come alive to honor the U.S. military and

features food, music, fireworks and fun.

#### Let the Good Times Roll Festival

[www.facebook.com/letthegoodtimesrollfestival](http://www.facebook.com/letthegoodtimesrollfestival)

Held in June. A celebration of African American culture, and features performances by top names in soul, gospel, hip-hop and R&B.

#### Louisiana Soulfood Fall Festival

[louisianasoulfoodfallfestival.com](http://louisianasoulfoodfallfestival.com)

Held in August. This event features good food and music.

#### Mardi Gras in the ArkLaTex

Held in January and February. Parades, Bals and other events hosted by area Krewes.

Mudbug Madness Festival  
[www.mudbugmadness.com](http://www.mudbugmadness.com).

Held Memorial Day weekend. Cajun festival featuring live music and Cajun cuisine.

#### Mutiny at Shreveport A-Scare-ium

[shreveportaquarium.com](http://shreveportaquarium.com)

Held in October at the Shreveport Aquarium. It's a Haunted Pirate Adventure with chills, thrills and of course, gills!

#### Pioneer Heritage Festival

[www.greenwoodla.org](http://www.greenwoodla.org)  
October festival celebrates the enduring spirit of the settlers of Greenwood and features concessions, games, entertainment, bass tournament, and parade.

#### Prize Fest

[www.prizefest.org](http://www.prizefest.org)

Held in November. An unparalleled street festival experience featuring film, music, food, fashion, comedy and community.

#### Red River Arts Festival

[www.redriverrevel.com](http://www.redriverrevel.com)

Held in October. From traditional Cajun cuisine to deep-rooted music and hand-crafted art, the Revel offers a vast experience through activities, entertainment, food, and local traditions.

#### Red River Balloon Rally

[redriverballoonrally.com](http://redriverballoonrally.com)

Held in July. Featuring kid zones, tethered balloon rides, and entertainment.

#### Rockets over the Red Christmas Festival

[www.rocketsoverthered.com](http://www.rocketsoverthered.com)

Held end of November. Live entertainment, face painting Santa, food avail-

able from area food trucks, tree lighting, fireworks, and bridge light show.

#### Senior Day Expo at the Louisiana State Fair [www.statefairoflouisiana.com](http://www.statefairoflouisiana.com); [thebestoftimesnews.com](http://thebestoftimesnews.com)

Opening day of the State Fair in October of each year. Features exhibitors providing valuable information about products and services, entertainment, contests and give-a-ways. Free admission to Expo and the State Fair of Fair

#### Shreveport-Bossier Black Restaurant Week [shreveportblackrestaurants.com](http://shreveportblackrestaurants.com)

Held in November. Promotes many of the black owned restaurants in the area.

#### Shreveport Derby Day [derbydayshreveport.com](http://derbydayshreveport.com)

Held in early May. Features live music, games, food, and an open bar serving traditional Kentucky Derby cocktails.

#### Shreveport Farmers Market [www.redriverrevel.com/farmers-market](http://www.redriverrevel.com/farmers-market)

Open Saturdays from June - August of each year from 7:30 am to 12:30 pm. Features vegetables, fruits, herbs, plants, honey, and meats.

#### Silver Screenings [www.robinsonfilmcenter.org](http://www.robinsonfilmcenter.org)

Screening of a classic movie, followed by a buffet lunch, on the 3rd Tuesday of each month at 10:30 am at the Robinson Film Center.





State Fair of Louisiana  
www.statefairlofouisiana.com

Held during late October through early November. Features animal competitions, cooking competitions, talent competitions, folk entertainment, midway carnival rides, food, nationally known headline entertainers, and more.

Sunflower Trail and Festival  
redrivercrossroadshistorical.org

Held in June of each year. A festival featuring live music, delicious food, arts, and crafts.

Super Derby Festival  
www.ladowns.com

Held in September. Horses, trainers, and riders come from around the country to compete at Louisiana Downs during the festival, which culminates in the Grade I Super Derby.

Tinsel  
www.tinselshreveport.com

Held in late November. Ticketed attendees are chauffeured to multiple stops along Line Avenue, shopping in over 30 of the area's most popular stores. Along the route, stores offer complimentary food, beverage, entertainment and exclusive discounts for Tinsel shoppers.

### **Gambling Venues**

Bally's Shreveport Resort and Casino  
451 Clyde Fant Memorial Pkwy  
Shreveport, LA 71101  
318-220-0711  
www.ballysshreveport.com

Boomtown Casino and Hotel  
300 Riverside Drive  
Bossier City, LA 71111  
318-746-0711  
www.boomtownbossier.com

Double Eagle Bingo  
760 Shreveport-Barksdale Highway  
Shreveport, LA 71105  
318-868-4170

Harrah's Louisiana Downs  
8000 East Texas Street  
Bossier City, LA 71111  
318-742-5555  
www.caesars.com/harrahs-louisiana-downs

Horseshoe Casino and Hotel  
711 Horseshoe Blvd  
Bossier City, LA 71111  
318-742-0711  
www.caesars.com/horseshoe-bossier-city

Live! Casino and Hotel Louisiana  
711 Live Casino Blvd  
Bossier City, LA 71111  
www.livecasinola.com

Margaritaville Casino and Resort  
777 Margaritaville Way  
Bossier City, LA 71111  
318-698-3920  
www.margaritavillebossiercity.com

Sam's Town Hotel and Casino  
315 Clyde Fant Parkway  
Shreveport, LA 71101  
318-424-7777  
www.samstowndshreveport.com

Shreveport-Bossier Bingo  
1080 Pearl Drive  
Bossier City, LA 71111  
318-746-9988

### **Museums & Galleries**

American Rose Center  
8877 Jefferson Paige Road  
Shreveport, LA 71119  
318-938-5402  
www.rose.org

Antioch Baptist Church  
1057 Texas Avenue  
Shreveport, LA 71101  
318-222-7090

ArklaTex Sports Museum of Champions  
400 Caddo Street  
Shreveport, LA 71101  
318-221-8445

ArtSpace  
Shreveport Regional Arts Council  
708 Texas Street  
Shreveport, LA 71101  
318-673-6535  
www.artspaceshreveport.com

Asian Gardens of Shreveport  
800 Texas Avenue  
Shreveport, LA 71101  
318-401-8078

Bailey Art Gallery  
214 Texas Avenue  
Shreveport, LA 71101  
318-424-6764  
www.bailey-gallery.com

Barksdale Global Power Museum  
88 Shreveport Road, Bldg 5088  
Barksdale AFB, LA 71110  
318-752-0555

Bossier Parish Library Historical Center  
2206 Beckett St.  
Bossier City, LA 71111  
318-746-7717  
www.bossierlibrary.org/locations/history-center

Bossier Arts Council  
630 Barksdale Blvd  
Bossier City, LA 71111  
318-741-8310  
www.bossierarts.org

Herbert S. Ford Museum  
519 South Main Street  
Homer, LA 71040  
318-927-9190  
www.hfordmuseum.com

Holy Trinity Catholic Church  
315 Marshall Street  
Shreveport, LA 71101  
318-221-5990  
www.holytrinity-shreveport.com

J. Bennett Johnston Waterway Regional Visitor Center  
700 Clyde Fant Parkway  
Shreveport, LA 71101  
318-677-2673  
www.mvk.usace.army.mil/Missions/Recreation/J-Bennett-Johnston-Visitor-Center

Karpeles Manuscript Library Museum  
3201 Centenary Blvd  
Shreveport, LA 71104  
318-861-7615  
www.karpeles.com/museums/shr.php

LA State Exhibit Museum  
3015 Greenwood Road  
Shreveport, LA 71109  
318-632-2020  
www.laexhibitmuseum.org

Louisiana State Oil and Gas Museum  
200 S. Land Avenue  
Oil City, LA 71061  
318-995-6845  
www.townofoilcity.com/louisiana-state-oil-and-gas-museum.html





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Marlene Yu Museum  
710 Travis Street  
Shreveport, LA 71101  
318-717-9111  
[www.marleneyumuseum.org](http://www.marleneyumuseum.org)

Meadows Museum of Art  
2911 Centenary Blvd  
Shreveport, LA 71104  
318-869-5169  
[www.themeadowsmuseum.com](http://www.themeadowsmuseum.com)

Multicultural Center of the South  
520 Spring Street  
Shreveport, LA 71101  
318-424-1380

Norsworthy Gallery  
214 Texas Street  
Shreveport, LA 71101  
318-424-6764  
[www.thenorsworthy.com](http://www.thenorsworthy.com)

NW Louisiana Walk of Stars  
500 Clyde Fant Parkway  
Shreveport, LA 71101  
[www.walkofstars.org](http://www.walkofstars.org)

Oakland Cemetery  
1000 Milam Street  
Shreveport, LA 71101  
318-673-7895

Pamoja Art Society  
3806 Linwood Avenue  
Shreveport, LA 71108  
318-638-8739

Pioneer Heritage Center  
LSU Shreveport  
Shreveport, LA 71115  
318-797-5339  
[www.lsus.edu/community/pioneer-heritage-center](http://www.lsus.edu/community/pioneer-heritage-center)

Red River National Wildlife Refuge  
150 Eagle Bend Point  
Bossier City, LA 71112  
318-742-1219  
[www.fws.gov/refuge/red\\_river](http://www.fws.gov/refuge/red_river)

R. W. Norton Art Gallery  
4747 Creswell Avenue  
Shreveport, LA 71104  
318-865-4201; [www.rwnaf.org](http://www.rwnaf.org)



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Shreveport Railroad Museum  
142 N. Common Street  
Shreveport, LA 71101  
318-797-8008  
[www.shreveportwaterworks.org/railroad-museum](http://www.shreveportwaterworks.org/railroad-museum)

Shreveport Water Works Museum  
142 North Common Street  
Shreveport, LA 71101  
318-221-3388  
[shreveportwaterworks.org](http://shreveportwaterworks.org)

Southern Univ. Museum of Art  
610 Texas Street, Suite 110  
Shreveport, LA 71101  
318-670-6631  
[www.sumashreveport.org](http://www.sumashreveport.org)

Spring Street Historical Museum  
525 Spring Street  
Shreveport, LA 71101  
318-424-0964  
[www.springstreetmuseum.org](http://www.springstreetmuseum.org)

Stage of Stars Museum  
705 Elvis Presley Avenue  
Shreveport, LA 71101  
318-220-9434  
318-272-6045

Steve's Snaketuary  
440 Mars Drive  
Shreveport, LA 71105  
318-525-6241  
[www.stevesnaketuary.com](http://www.stevesnaketuary.com)

Talbot Medical Museum  
WK Innovation Center  
2105 Airline Drive  
Bossier City, LA 71111  
318-212-2512  
[www.museum.wkhs.com](http://www.museum.wkhs.com)

Touchstone Wildlife Museum  
5011 East Texas St.  
Bossier City, LA 71111  
318-746-5792  
[touchstonemuseum.com](http://touchstonemuseum.com)

Vivian Railroad Station Museum  
100 North Front Street  
Vivian, LA 71082  
318-375-5300

Walter B. Jacobs Memorial Nature Park  
8012 Blanchard Furrh Road  
Shreveport, LA 71107  
318-929-2806  
[www.caddo.org/parks](http://www.caddo.org/parks)

Worley Astronomical Observatory  
Astronomical Observatory Road – off of LA 175  
Shreveport, LA 71115  
318-865-2433  
318-797-1524  
[shreveportastronomy.com](http://shreveportastronomy.com)

### **Sports and Athletics**

All Star Bowling Lanes  
9130 Mansfield Road  
Shreveport, LA 71118  
318-687-3676

Bellaire Church Athletic Club  
4330 Panther Drive  
Bossier City, LA 71111  
318-746-8715

Bossier Tennis Center  
1651 Mondello Way  
Bossier City, LA  
318-213-2108  
[www.bossiercity.org/414/Bossier-Tennis-Center](http://www.bossiercity.org/414/Bossier-Tennis-Center)

Crooked Hollow Golf Club  
8667 Elysian Fields Road  
Greenwood, LA 71033  
318-938-5060  
[www.crookedhollowgolf.com](http://www.crookedhollowgolf.com)

East Ridge Country Club  
1000 Stewart Drive  
Shreveport, LA 71106  
318-868-6571  
[eastridgecountryclub.com](http://eastridgecountryclub.com)

Holiday Lanes  
3316 Old Minden Road  
Bossier City, LA 71111  
318-746-7331

Olde Oaks Golf Course  
60 Golf Club Drive  
Haughton, LA 71037  
318-742-0333  
[www.stonebridgeoldeoaks.com](http://www.stonebridgeoldeoaks.com)

Shreveport Bossier Pickleball  
805 East 1st Street  
Bossier City, LA 71111  
402-429-8193

Shreveport Mavericks Pro Basketball  
318-674-7946  
[shreveportmavericks.com](http://shreveportmavericks.com)

Shreveport Mudbugs Hockey  
318-636-7094  
[www.mudbugshockey.com](http://www.mudbugshockey.com)

Shreveport Rouxgaroux Professional Arena Football Team  
682-298-6500  
[www.geauxrouxgaroux.com](http://www.geauxrouxgaroux.com)

Southern Trace Country Club  
200 Southern Trace Parkway  
Shreveport, LA 71106  
318-798-8300  
[www.southerntracecc.com](http://www.southerntracecc.com)

SPAR Public Golf Courses  
[www.spargolf.org](http://www.spargolf.org)

- Huntington Park  
8300 Pines Rd  
Shreveport, LA 71129  
318-673-7765
- Querbes Park  
3500 Beverly Place  
Shreveport, LA 71104  
318-673-7773
- Jerry Tim Brooks Park  
2200 Milam  
Shreveport, LA 71101  
318-673-7782

SPAR Public Tennis Centers  
[www.myspar.org/293/](http://www.myspar.org/293/)

- Bill Cockrell Tennis Center  
4109 Pines Road  
Shreveport, LA 71119  
318-673-7790
- Querbes Tennis Center  
3507 Beverly Place  
Shreveport, LA 71104  
318-673-7787
- Southern Hills Tennis Center  
1000 Bert Kouns  
Shreveport, LA 71108  
318-673-7784

StoneBridge Golf Club  
301 StoneBridge Blvd  
Bossier City, LA 71111  
318-747-2004  
[stonebridgeoldeoaks.com](http://stonebridgeoldeoaks.com)

YMCA of NW Louisiana -BHP  
3455 Knight Street  
Shreveport, LA 71105  
318-674-9635

YMCA of South Shreveport  
Lash Family YMCA  
9440 Ellerbe Road  
Shreveport, LA 71106  
318-674-9613

YMCA of Shreveport – Downtown  
400 McNeill Street  
Shreveport, LA 71101  
318-674-9622

### **Tours**

Chimp Haven  
13600 Chimpanzee Place  
Keithville, LA 71047  
318-925-9575  
[www.chimphaven.org](http://www.chimphaven.org)

Logan Mansion Tour  
725 Austin  
Shreveport, LA 71101  
318-210-1007;  
318-459-2285  
[www.loganmansion.com](http://www.loganmansion.com)

Municipal Auditorium  
Museum Tours  
705 Elvis Presley Ave.  
Shreveport, LA 71101  
318-841-4000;  
318-272-6045  
[www.Shreveportmunicipal-auditorium.com](http://www.Shreveportmunicipal-auditorium.com)

Trudeau Shreveport History  
Tours  
318-272-6045

Oaklawn Cemetery Tour  
Milan Street and Elvis Presley  
Blvd.  
Shreveport, LA 71101  
[www.oaklandcemeteryla.org](http://www.oaklandcemeteryla.org)

The Davis House Ghost Tour  
804 Wilkinson Street  
Shreveport, LA 71104  
318-221-3881

The Spirit of the Red River  
Cruise  
318-564-3560  
[www.redrivercruise.com](http://www.redrivercruise.com)

### **Volunteer Opportunities**

**AARP of Louisiana**  
**301 Main St, Suite 1012**  
**Baton Rouge, LA 70825**  
**866-448-3620**  
**225-376-1144**  
**[www.aarp.org/volunteer/](http://www.aarp.org/volunteer/)**  
**[www.aarp.org/la](http://www.aarp.org/la)**

American Red Cross, NWLA  
Chapter  
318-865-9545  
[www.louisianaredcross.org](http://www.louisianaredcross.org)

Bossier Council on Aging  
318-741-7490  
[www.bossiercoa.org](http://www.bossiercoa.org)

Caddo Council on Aging  
318-676-7900 Ext 239  
[www.caddocoa.org](http://www.caddocoa.org)

Caddo/Bossier Foster  
Grandparent Program  
318-676-7884

Court Appointed Special  
Advocates (CASA)  
318-221-2272  
[www.vyjla.org](http://www.vyjla.org)

**Food Bank of Northwest  
Louisiana**  
**318-675-2400**  
**[www.foodbanknla.org](http://www.foodbanknla.org)**

Volunteers are needed to  
sort food and pack boxes for  
the senior program, perform  
general office duties, deliver  
senior food boxes or assist in  
special events.

Gingerbread House  
318-674-2900  
[www.gingerbreadhousecac.org](http://www.gingerbreadhousecac.org)

Habitat for Humanity  
318-868-8040  
[www.nwlahabitat.org](http://www.nwlahabitat.org)

Literacy Volunteers  
318-869-2411  
[www.shreveportliteracy.org](http://www.shreveportliteracy.org)

**Louisiana Senior Medicare  
Patrol Program**  
**AdviseWell, Inc**  
**P. O. Box 2228**  
**Gonzales, LA 70707**  
**877-272-8720**  
**[stopmedicarefraud.org](http://stopmedicarefraud.org)**

Volunteers help Medicare  
and Medicaid beneficiaries  
prevent, detect and report  
health care fraud.

Ninna's Road to Rescue  
[www.roadtorescuella.org](http://www.roadtorescuella.org)

Red River Revel  
318-424-4000  
[www.redriverrevel.com](http://www.redriverrevel.com)

Renesting Project, Inc.  
318-747-5520  
[www.renestingprojectinc.org](http://www.renestingprojectinc.org)

Shreveport Bossier  
Convention and Tourist  
Bureau  
318-222- 9391  
[www.shreveport-bossier.org](http://www.shreveport-bossier.org)

Shreveport Bossier  
Community Renewal  
318-425-3222  
[www.sbcr.us](http://www.sbcr.us)

Shreveport Bossier Rescue  
Mission  
318-227-2868  
[www.sbrescuemission.com](http://www.sbrescuemission.com)

Shreveport Green  
Volunteer Program  
318-219-1888  
[www.shreveportgreen.org](http://www.shreveportgreen.org)

Shreveport Metropolitan  
Ballet  
Volunteer Program  
[shreveportmetroballet.org](http://shreveportmetroballet.org)

Shreveport Symphony  
Orchestra  
Volunteer Program  
318-222-7496  
[shreveportsymphony.com](http://shreveportsymphony.com)

Shreveport Little Theatre  
Volunteer Program  
318- 424-4438  
[shreveportlittletheatre.com](http://shreveportlittletheatre.com)

**The Best of Times – Senior  
Expo volunteers**  
**P. O. Box 19510**  
**Shreveport, LA 71149**  
**318-636-5510**  
**[thebestoftimesnews.com](http://thebestoftimesnews.com)**  
**[gary.calligas@gmail.com](mailto:gary.calligas@gmail.com)**

Volunteers needed to assist  
during health care expos and  
the annual Senior Day Expo  
at the Louisiana State Fair.

The Community Foundation  
– LINCC Volunteer  
program  
318-221-0582  
[www.cfnla.org](http://www.cfnla.org)

The Highland Center  
318-673-8440  
[www.highlandcenter.org](http://www.highlandcenter.org)

The Salvation Army of NW  
Louisiana  
318-424-3200  
[www.salvationarmyalma.org/shreveport](http://www.salvationarmyalma.org/shreveport)

The Strand Theatre  
Volunteer Usher Corps  
318-226-1481  
[www.thestrandtheatre.com](http://www.thestrandtheatre.com)  
Ushers are asked to work  
at least 50% of the shows,  
including season shows,  
presented shows, rentals, and  
concerts.

United Way of NW  
Louisiana  
318-677-2504  
[www.unitedwaynwla.org](http://www.unitedwaynwla.org)

Volunteers of America –  
North LA  
318-221-2669  
[www.voanorthla.org](http://www.voanorthla.org)

Volunteer Louisiana  
225-342-2038  
[www.volunteerlouisiana.gov](http://www.volunteerlouisiana.gov)

Volunteers for Youth Justice  
318-425-4413  
[www.vyjla.org](http://www.vyjla.org)

Senior Corps  
[www.seniorcorps.org](http://www.seniorcorps.org)







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[oaksofla.com](http://oaksofla.com)

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- Elimination of blurry zones
- Bright, vivid colors
- Greatly reduce or eliminate glasses following surgery

In addition to the latest technology and techniques for cataract surgery, we also provide advanced treatment of **glaucoma** and **other eye conditions**. Additionally, we offer **advanced glaucoma procedures in combination with cataract surgery**. We can even work with your local optometrist for post-surgical cataract management to minimize travel.



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John Luka, OD | Sable Reynolds, PA-C | Sean Adams, OD | Anthony "AJ" Barbiero, OD



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